

Costa Weekly News tm

Email: costaweeklynews@alicantetoday.com DEPÓSITO LEGAL: MU 170-2026 14th April - 20th April 2026 - ED - 11

Man robs elderly patients at Torre Vieja Hospital PAGE 3	Tabarca Island bids for independence PAGE 10	Your FREE weekly TV Guide PAGES 17-24	Enjoy cooking one of our delicious recipes PAGE 29	How about a cheeky puzzle? PAGE 32
--	--	---	--	--

San Miguel residents stage town hall protest

Dozens of residents from rural areas of San Miguel de Salinas gathered outside the town hall on Saturday, calling for urgent improvements to deteriorating roads and the local drinking water network.

The demonstration, organized by the "San Miguel Arcángel" neighbourhood association, marks the second such protest in recent months. Participants say their concerns have gone largely unanswered, describing what they see as a prolonged neglect of essential infrastructure affecting daily life in the countryside of Salinas.

Residents highlighted the poor condition of several key roads, citing uneven surfaces, lack of

maintenance and worsening damage following heavy rainfall. Among the most affected areas, they pointed to La Almazarica, the surroundings of the municipal cemetery and the road to Las Filipinas.

The latter, described by protesters as a vital route connecting thousands of homes, becomes nearly impassable during periods of intense rain. Demonstrators are demanding improved drainage, better signage and lighting, as well as long-term structural solutions to prevent erosion and debris accumulation.

In addition to road conditions, protesters raised concerns about the state of the rural

drinking water system. They claim the network is outdated and prone to frequent leaks and breakdowns, leading to higher costs for residents.

The group is also calling for greater transparency regarding the water service contract and is urging the council to implement a comprehensive renovation plan rather than isolated repairs.

Organisers stressed that piecemeal measures have failed to address underlying issues and criticised what they described as a lack of follow-up since the previous protest, noting that no further meetings have been held with local representatives.

The San Miguel de Salinas City Council responded by expressing "maximum respect" for residents' concerns while maintaining that steps have already been taken to address some of the issues.

According to the council, a meeting was held after the earlier protest, during which several commitments were made and, it says, fulfilled. These include awarding contracts for roadworks between Lo Quiles and Lo Lorente, installing smart water meters to detect leaks, and applying for funding to repair the Llano road.

Officials also stated that documentation related to the water service contract has been made

available following consultations with the concessionary company.

Despite these measures, residents continue to push for a broader, municipality-wide infrastructure plan, while the council says it remains committed to gradual improvements and ongoing dialogue with the community.



See our advert on page 26

0034 691 961 315
victoria.scott1985@gmail.com

Licence Exchange & Vehicle Name Transfer

No Padron, No trip to Trafico, Delivered not Posted

evoca ALICANTE

find us on page 5!

+34 618 454 893
+34 966 619 010
comercial@evocaliving.com
evocaliving.com

C/ Monte de Santa Pola, 13, 03130, Gran Alacant, Alicante, Spain

+55 luxury Long-Term Rental Resort

Vincent Real Estate

LIST IT. SELL IT.

"The right decision"

api AIPP 10 years

vincent-realestate.com
+34 986 71 24 40

WWW.PATAGONIAGRILLHOUSE.COM

A wide selection of Argentinian and Spanish wines to compliment your steak

PATAGONIA GRILL HOUSE

ASADOR ARGENTINO

WE'RE ON 618864296

m

400M THROUGH THE ARCHES

Av. de las Naciones, 52, 03170 Cdad. Quesada, Alicante

CostaWeeklyNewstm

Contact:

Costaweeklynews@alicantetoday.com

Deposito Legal:

MU 170-2026

ISSN:

ISSN 3101-6723

Publishing Company:

Spain Today Online SL
Carretera de Fuente Alamo
Corvera, Murcia
30153

Printed in Elche (Alicante Province)

EasyJet reopens its base at Alicante Airport for summer

EasyJet has officially reopened its seasonal base at Alicante-Elche Airport for the summer, offering 1.7 million seats across 22 routes and confirming its position as one of the airport's biggest operators.

The British airline, which is the second largest carrier at Alicante in terms of passenger numbers, has returned for its third consecutive summer season with three aircraft based at the airport from April through to the end of October.

This year's summer programme represents a modest 1% increase in seat capacity compared with summer 2025. While there are no new routes this season, easyJet has chosen to maintain all of last year's connections, reflecting steady demand rather than rapid expansion.

The United Kingdom remains the airline's main market from Alicante, with up to 12 direct routes. Among the busiest are services to London Gatwick, Manchester and Bristol, which together account for some of the highest seat availability this summer.

EasyJet is also continuing flights to Athens and Naples, two routes introduced last year that proved

popular with passengers. Alongside these, travellers will once again be able to fly directly from Alicante to destinations including Amsterdam, Prague, Zurich and Nice.

In total, the airline's summer network from Alicante includes flights to Amsterdam, Basel, Belfast, Birmingham, Bristol, Edinburgh, Geneva, Glasgow, Lille, Liverpool, London Luton, London Southend, London Gatwick, Lyon, Manchester, Nantes, Naples, Newcastle, Nice, Prague, Southampton and Zurich.

EasyJet first launched its seasonal Alicante base in 2024 as part of a wider investment in Spain's leisure travel market. Since then, the airline has steadily strengthened its presence at the Costa Blanca airport.

According to Aena figures, easyJet carried more than 2.23 million passengers through Alicante-Elche Airport in 2025, making it the airport's second busiest airline behind Ryanair and ahead of competitors such as Vueling and Jet2.

The three aircraft based in Alicante this summer each have capacity for more than 180 passengers, underlining the scale of the operation.

Across Spain, easyJet now has 20 based aircraft, including four in Barcelona, nine in Palma de Mallorca, four in Málaga and the three in Alicante, highlighting the country's continued importance in the airline's European network.



Spain calls for greater European defence autonomy amid NATO tensions

Spain's foreign minister has called on European nations to strengthen their own defence capabilities as uncertainty grows over the future of the NATO alliance.

José Manuel Albares warned that recent shifts in United States policy and rhetoric on transatlantic security are pushing Europe to reconsider its reliance on Washington. His remarks come amid rising tensions following the outbreak of conflict involving the U.S., Israel and Iran in late February, and disagreements over Europe's role in securing key maritime routes such as the Strait of Hormuz.

The situation has been further complicated by statements from Donald Trump, who has suggested the United States could reconsider its commitment to NATO, raising concerns among European allies about the long-term stability of the alliance.

In response, Albares emphasized the need for Europe to assume greater responsibility for its own security and deterrence. He indicated that this shift would likely require deeper defence cooperation across the European Union, including progress toward a joint military capability and closer coordination between national defence industries.

The minister also pointed to the impor-

tance of broader economic integration—such as developing a unified digital market and strengthening financial systems—as a foundation for increased strategic autonomy.

Spain has taken a firm stance on the ongoing conflict with Iran, with the government in Madrid criticizing the military escalation and implementing measures to restrict U.S. military operations. These include closing Spanish airspace to aircraft involved in the strikes and limiting access to joint military bases in the south of the country.

The dispute has added strain to bilateral relations, with Washington reportedly considering trade measures in response. Meanwhile, European leaders continue to assess how best to adapt their security framework in a rapidly shifting geopolitical landscape.



Tensions rise as Israel warns Spain over criticism of Gaza offensive

A sharp escalation in tensions between Israel and Spain has unfolded after Israeli Prime Minister Benjamin Netanyahu accused Madrid of launching a "diplomatic war" and warned that it would "pay a price" for its stance.

In a message shared on social media, Netanyahu condemned Spain for what he described as defamation of Israeli military personnel. He defended the Israel Defence Forces, calling them "the most moral army in the world," and criticized Spanish authorities for undermining their reputation on the international stage.

The remarks mark a further deterioration in relations that have been strained for months, largely due to Spain's outspoken criticism of Israel's military campaign in Gaza.

Spanish Prime Minister Pedro Sánchez has repeatedly called on the European Union to take stronger action, including suspending its association agreement with Israel. He has cited what he described as "flagrant" violations of international humanitarian law during the conflict. Speaking at the European Pulse Forum in Barcelona, Sánchez urged European leaders to respond decisively and align policy with international legal standards. He also advocated for deeper European integration in defence, including the long-term goal of a unified European army. In previous statements, the Spanish leader has criticized Israel's military operations as showing a "disregard for life and internation-

al law," and has warned against the expansion of conflict beyond Gaza, including into Lebanon.

In a further sign of worsening ties, Israeli Foreign Minister Gideon Saar announced Spain's exclusion from the Civil-Military Coordination Centre, a body overseeing the implementation of the Gaza ceasefire.

Saar justified the move by accusing the Spanish government of bias, stating that its position had prevented it from playing a constructive role. Israeli officials confirmed that Spain had been formally notified of the decision and that the United States had been informed in advance.

The dispute has also taken on a more personal tone, with an Israeli cabinet minister reportedly describing Sánchez as "an absolute nobody," underscoring the increasingly confrontational rhetoric on both sides.

Spain has emerged as one of the most critical voices within Europe regarding Israel's actions in Gaza, consistently advocating for a permanent ceasefire and increased international pressure.

Israeli authorities, however, view Madrid's position as hostile and incompatible with their national security objectives, contributing to a widening diplomatic rift that shows little sign of easing.

Owners told to restore damaged Cabo Roig watchtower

Orihuela City Council has instructed the owners of the sixteenth-century Cabo Roig Tower to carry out restoration work after structural damage was identified. The Urban Planning Councillor, Matías Ruiz, visited the site with the municipal archaeologist and a council architect to assess the condition of the protected monument.

The inspection found that the collapse of a palm tree crown against the tower caused a significant crack in the structure. Other conservation issues were also noted, including inappropriate added elements at the top of the tower that do not form part of its original design. The council has said these must be removed to restore the monument's historic appearance.

The tower, around 18 metres high and 12 metres in diameter, stands about 20

metres above sea level on Cabo Roig. It has been listed as a Bien de Interés Cultural since 1995, with its surrounding area protected since 1998. Owners are legally responsible for its upkeep and must fund the repairs, although the council has offered guidance on possible grants.

Councillor Ruiz said the owners have shown a willingness to cooperate. However, he warned that failure to meet their obligations could lead to legal consequences, including expropriation to ensure the monument's preservation. The council hopes that, once restored, the tower could become a visitable heritage site similar to other coastal watchtowers in the province.

Man robs elderly patients at Torrevieja Hospital

A 62-year-old man has been arrested on suspicion of carrying out a series of thefts inside the Torrevieja University Hospital, where police say he deliberately targeted vulnerable patients and stole valuables from their rooms.

According to the Guardia Civil the suspect—who is a resident of Elche—is believed to be responsible for at least three thefts. His arrest followed a joint effort between police investigators and the hospital's private security team.

The investigation began after two formal complaints reported thefts from patient rooms. Officers from the Civil Guard's investigation unit in Torrevieja reviewed security footage, which proved key to identifying the suspect.

In the recordings, the man is seen walking through hospital corridors wearing a cap pulled low over his face and pretending to talk on his phone. Authorities say he used this tactic to avoid suspicion while selecting rooms.

He reportedly entered when patients were asleep, undergoing tests or temporarily absent, concealing stolen items—mainly

mobile phones and tablets—inside his jacket before leaving.

Investigators identified a clear pattern linking the incidents, noting that the victims were predominantly elderly foreign nationals. Officials believe the suspect deliberately chose individuals in especially vulnerable situations.

Among the stolen items were high-value electronic devices, as well as a bag containing essential medical supplies belonging to one of the patients.

The suspect, who already had a prior record for similar offences, was caught in the act after hospital security staff detected suspicious behaviour and alerted authorities, leading to his immediate arrest.

Following his detention, the man was brought before a court in Torrevieja, where he was released pending further proceedings but remains subject to precautionary measures.

Authorities have not ruled out the possibility of additional victims and continue to investigate whether the suspect may be linked to other similar incidents.

British man arrested after high-speed stunt driving

A British man has been arrested by Local Police in San Javier after allegedly carrying out high-speed stunt driving on an avenue in the town on Thursday afternoon.

According to sources close to the case, officers detained the suspect after he was seen performing dangerous manoeuvres at speed. Police said the man claimed he did not have a valid driving licence and refused to undergo alcohol and drug tests.

At the time of the arrest, there were four

occupants in the vehicle. Officers reported that one of the passengers struggled with police during the incident.



LOCAL PICK UPS* TORREVIEJA AREA

Opening Times
Mon - Fri
09:00h - 17:00h

BOOKINGS: 691 493 977 - 965 71 66 15

@vivaliatravel
 691 49 39 77
 vivaliatravel

ALTEA BREAK
 CAP NEGRET HOTEL 4*
 4 Days / 3 Nights
 Full Board - wine & water
APRIL: from 179€ p.p
MAY: from 189€ p.p

8 DAY MED CRUISE
VALENCIA-ALICANTE
MAY 27th 2026 Costa Pacifica
 Valencia-At Sea-Olbia-Rome
 Savona-Toulon-Palma-Alicante
 from: **599€ p.p** TAX INCLUDED
OPTIONAL ALL INCLUSIVE DRINK PACKAGE
OPTIONAL TRANSPORT FROM TORREVIEJA AREA

ALBIR COACH TRIP
APRIL 19th 4 DAYS / 3 NIGHTS
SUN PALACE ALBIR HOTEL 4*
 Full Board wine & water **179€ p.p**
 SPA Session included 45min
 Transport included from Torrevieja Area, La Marina Urb & Gran Alacant

8 DAY MED CRUISE
VALENCIA - ALICANTE
 COSTA PACIFICA **SEP 9th 2026**
 Valencia-At Sea-Olbia-Rome-Savona
 Toulon-Palma de Mallorca-Alicante
 from: **599€ p.p** TAX INCLUDED
OPTIONAL ALL INCLUSIVE DRINK PACKAGE
OPTIONAL TRANSPORT FROM TORREVIEJA AREA

8 DAY MED CRUISE
FROM ALICANTE
JUNE 3rd 2026 COSTA PACIFICA
 Alicante-At Sea-Olbia-Rome
 Savona-Toulon-Palma-Alicante
 from: **759€ p.p** TAX INCLUDED
OPTIONAL ALL INCLUSIVE DRINK PACKAGE
OPTIONAL TRANSPORT FROM TORREVIEJA AREA

BENIDORM BREAK
 April-May 4 DAYS / 3 NIGHTS
4* BENIDORM EAST HOTEL
 Half Board - wine & water from:
 Free beach shuttle every 20 min **139€ p.p**

IBIZA TRIP **MAY 6th 2026**
 6 DAYS / 5 NIGHTS
499€ p.p **4* ES PLA HOTEL**
 San Antonio Bay
FULL BOARDS - Unlimited drinks with meals
FERRY TICKETS Included
 Transport included from Torrevieja Area

BENIDORM TRIP
MAY 31st-JUNE 3rd 4 DAYS / 3 NIGHTS
BENIDORM EAST HOTEL 4* **189€ p.p**
 Full Board - Complimentary wine & water
 Transport included from Torrevieja Area, La Marina Urb & Gran Alacant

MOJACAR COACH TRIP
 4 DAYS **JUNE 9th**
4* MARINA MAR HOTEL
 Full Board - wine & water **249€**
 (Sea view Room)
FREE COACH TRANSPORT FROM TORREVIEJA AREA

15 DAY GREEK
ISLAND CRUISE
SEP 22nd 2026 Costa Fascinosa
 Barcelona-Palma-Malta-Mikonos-Santorini-Athens
 Souda Bay-Mesina-Rome-Savona-Barcelona
 from: **1429€ p.p** TAX INCLUDED
OPTIONAL ALL INCLUSIVE DRINK PACKAGE
OPTIONAL TRANSPORT FROM TORREVIEJA AREA

CHRISTMAS CRUISE Dec 21st 2026
 Barcelona-At Sea-Tunisia-Sicily Costa Toscana
 Rome-Savona-Marseille-Barcelona **799€ p.p**
OPTIONAL ALL INCLUSIVE DRINK PACKAGE TAX INCLUDED
OPTIONAL TRANSPORT FROM TORREVIEJA AREA

BOOKINGS: 965 71 66 15 **691 49 39 77** **info@vivaliatravel.com**
 Prices subject to availability at the time of booking. Service charge may apply. All prices are per person on a double basis.
 Pick ups may be available from Torrevieja Area & Orihuela Costa. - Transfers may not be applicable to all offers.

Vega Baja leads construction across the province

The Vega Baja del Segura topped the provincial ranking for new residential construction in 2025, with a total of 885,661 square metres approved and 3,420 new homes authorised, according to figures released by the Territorial College of Architects of Alicante.

The increase represents a sharp rise of 57.4% compared to 2024, reversing the slowdown recorded the previous year and marking the highest level of activity in recent years. The region has shown fluctuating growth since 2022 but surged strongly in 2025, consolidating its position as the main driver of construction in the province.

Torreveija led all municipalities in the province with 1,281 approved homes, accounting for nearly 10% of the total. Other key contributors included San Miguel de Salinas (432 homes), Orihuela (363), Pilar de la Horadada (344), and Rojales (336).

Across the entire province of Alicante, a total of 9,875 new homes were approved in 2025, up from 7,881 the previous year. The Vega Baja alone accounted for 34.6% of all new housing, far ahead of the city of Alicante, which ranked second with 2,007 units.

The surge in construction is largely linked to the continued expansion of tourist housing developments along the southern Costa Blanca. Major projects are underway in Torreveija, as well as in municipalities such as Rojales, Guardamar del Segura, Pilar de la Horadada and Orihuela.

These developments are being built on urban land approved before the 2008 property crisis, as well as on newer planning schemes authorised in recent years. In many cases, infrastructure works and residential construction are progressing simultaneously, reflecting strong demand for new-build properties.

Foreign buyers dominate the market, particularly from countries such as Poland, the Netherlands, Belgium and the Nordic region, with additional demand from the United Kingdom, Germany and France. Off-plan homes are typically priced at around €350,000, placing them largely out of reach for local residents.

Construction activity remains especially intense along coastal areas, with widespread use of tower cranes in

first- and second-line developments. This expansion is also extending inland to municipalities including San Fulgencio, Benijófar, Daya Nueva, Daya Vieja and Los Montesinos.

Some projects have generated environmental debate, particularly those involving land reclassification or development near protected natural areas such as the surroundings of La Mata lagoon and the Sierra Escalona.

The growth in Vega Baja forms part of a broader expansion across the province. In the second half of 2025 alone, project approvals in Alicante reached more than 1.82 million square metres, representing a 34.9% increase compared to the same period in 2024.

By contrast, residential renovation activity in the Vega Baja remains limited. The region recorded just over 22,500 square metres in rehabilitation projects during the second half of the year, ranking near the bottom among Alicante's districts in this segment.

Families in Torreveija await special needs educator

Families of eleven pupils with special educational needs at School Number 15 in Torreveija have said they have been waiting since the last academic year for the Generalitat to appoint a dedicated support assistant. The non-teaching post requires authorisation from several regional departments. Parents argue that without an educator providing daily physical and cognitive support, true inclusion is impossible.

The regional government has confirmed that the position

has now been formally created and described its implementation as "imminent", pending a final administrative step. However, families say the delay has already affected pupils with autism and rare conditions who require stable and continuous support.

There has also been disagreement between parents and local parent associations over how the issue has been handled. Representatives of the regional parents' federation insist support has been provided and say the

educator has already been assigned.

Separately, families are concerned about plans to open a new prefabricated School Number 16 to ease overcrowding. The move would see hundreds of pupils transferred with only two months of term remaining, and parents say school transport and continuity for vulnerable pupils have not been guaranteed.

Sierra Escalona steps closer to Natural Park status

The Sierra Escalona and its surrounding areas have taken a significant step toward being declared a Natural Park following the approval of a long-awaited environmental management plan.

Regional authorities have given the green light to the Natural Resources Management Plan (PORN), a crucial framework designed to protect the ecological value while regulating land use. The move marks a major milestone in a process that has been pursued for years by environmental groups and public administrations.

Located in the Vega Baja del Segura, Sierra Escalona is widely regarded as one of the most important natural

enclaves in the province of Alicante. The area is known for its diverse landscapes and rich biodiversity, particularly as a habitat for protected species, including several birds of prey.

The newly approved plan establishes zoning rules and sets out guidelines to safeguard ecosystems while managing human activities such as agriculture, recreation and urban development.

The PORN is a mandatory requirement before an area can be formally designated as a Natural Park. Its approval clears the way for the next phase in the process, which would grant Sierra Escalona a higher level of legal

protection and a more structured conservation strategy.

Officials say that achieving Natural Park status would not only strengthen environmental safeguards but also promote sustainable development in nearby municipalities, balancing conservation with traditional economic activities.

The plan aims to strike a long-term balance between protecting natural resources and allowing compatible uses of the land. By setting clear criteria for environmental management, it seeks to ensure the sustainability of the area while preserving its ecological integrity.

Orihuela archaeological site to open to visitors

The Orihuela City Council has entered the final stage of archaeological excavations at Los Saladares, one of southeastern Spain's most significant protohistoric sites, as authorities prepare to transform the enclave into a public heritage attraction.

The work, carried out in collaboration with the University of Alicante, marks the culmination of several years of research campaigns aimed at uncovering and interpreting a settlement that dates from the 9th to the 2nd centuries BC. The site has proven crucial for understand-

ing the Late Bronze Age, the orientalising period and the emergence of Iberian culture in the region.

Among the most significant outcomes of the latest excavation phase are new findings linked to Phoenician presence in the area. Previous campaigns had already uncovered fragments of Phoenician amphorae dating to the late 9th and early 8th centuries BC, and recent discoveries further strengthen evidence of early contact between indigenous communities and Mediterranean traders.

According to Councillor for

Historical Heritage Matías Ruiz, the excavation has now reached a point of diminishing returns. "Most of the site's scientific potential has already been extracted," he said, noting that future efforts will focus on preservation and public accessibility rather than continued digging.

The upcoming presentation will also introduce the City Council's plan to convert Los Saladares into a visitable archaeological space. Proposed measures include the installation of informational panels, the creation of wooden walkways for access,

and the definition of safe visitor routes throughout the site.

Officials emphasised that the intervention will be deliberately minimal, designed to respect the natural environment and comply with protections associated with its status as a Site of Cultural Interest. The goal is to integrate the site into Orihuela's cultural and tourism offering without large-scale infrastructure. Archaeological work at Los Saladares resumed in 2020 and since then, multiple research phases have documented residential structures, clarified Iron Age settlement layouts

and identified earlier Bronze Age levels. Recent campaigns have also included restoration and early musealisation efforts, focusing on stabilising remains and improving the surrounding landscape. All recovered materials are currently being stored in an archaeological depot until the planned Regional Archaeological Museum of Orihuela is completed. The future museum, with a projected budget of €1.5 million, will feature a dedicated section for Los Saladares, strengthening its role in preserving and showcasing the city's heritage.

San Javier International Air Show

The 2026 International Air Show of San Javier has been officially presented by local Mayor José Miguel Luengo, Councillor Héctor Verdú and the Director of the festival, Pablo González, with details beginning to emerge of the schedule on the shore in Santiago de la Ribera between 1st and 3rd May.

The main event of the festival, the air show itself, takes place on Sunday 3rd May between 10.30 and 15.00 with the promise that this year's spectacle will surpass even that of 2024, with aircraft coming from as far afield as the UK, Portugal and Italy (in the shape of the WeFly Team, three of whose members are physically handicapped).

Possibly the star of the show is

the Eurofighter, the last to take to the skies over the Mar Menor, while earlier on there is a display by the Spanish Air Force's PAPEA parachute acrobatics team.

Although the Patrulla Águila aerobatics team will not be present, having been discontinued on 15th June 2025, they will be replaced by the Formación Mirlo, whose pilots fly the Pilatus PC-21 craft which is now favoured by the Air Force's officer training school, and other aircraft on display include amphibious craft, firefighting planes, the Canadiar, the Airbus A400M and the army NH Lobo helicopter.

Also taking part are the Guardia Civil with their light aircraft such as Airbus H-135 Helicopters and the giant CN-235-300MP, which

is used for border control and anti-drug trafficking operations, while other participants include a 112 emergency services helicopter, planes belonging to the Aeroclub Mar Menor and the Real Aeroclub de Sevilla as well as sports and acrobatic planes from England and Italy.

Exhibitions will be given by aerobatic pilots Camilo Benito, Jorge Loureiro (from Portugal) and Juan Velarde.

Practice flights will be taking place on Friday 1st May between 10.00 and 14.00 and from 16.00 to 20.00, and on Saturday 2nd May from 10.00 to 14.00 and 16.00 to 18.00, while on the Saturday evening there is a "Sunset Exhibition" as the British Aerostar pilots

and Camilo Benito fly at dusk in a colourful display.

Other entertainments include concerts on Friday 1st May by indie group La Banda de Ases on the Explanada Barnuevo and on Saturday 2nd May by a band paying tribute to La Oreja de Van Gogh. At the same venue a weekend of poster signings and a Play Zone await all the family, with the latter including flight simulators, VR goggles and games for all the family. Actual planes are to be displayed on the Paseo Colón.

As Sr Luengo says, this range of attractions makes the event more than just an air show, it has become a far larger project, reflecting the pride San Javier feels in having been selected by

the Air Force as the location for the officer training school over 80 years ago, and the town is more than ready to welcome more than the estimated 200,000 people who flocked to the shore of the Mar Menor for the festival in 2004!

At the same time, it is worth remembering that San Javier is also hosting the National Drone Festival in September of this year, while the former airport terminal buildings have been named as a European Space Agency hub!

Further information regarding the International Air Show of San Javier will be published as soon as it becomes available.

Markets rally as Trump agrees two-week truce

Global financial markets surged after Donald Trump announced a two-week ceasefire agreement with Iran, easing fears of further escalation in the Middle East and disruption to vital energy routes.

The temporary truce between Washington and Tehran includes guarantees for secure passage

through the Strait of Hormuz, a critical corridor for global oil shipments. The announcement immediately calmed investor concerns about a prolonged blockade that could have severely impacted energy supplies worldwide.

Oil prices, which had surged following the outbreak of hostilities

on 28th February, fell dramatically after the ceasefire was confirmed. Crude dropped by around 16%, falling below the symbolic \$100 mark, while European gas prices declined by approximately 19%. Despite the sharp correction, analysts caution that prices are unlikely to return to pre-conflict levels in the near term. The recent

volatility is expected to continue influencing inflation trends, presenting ongoing challenges for central banks.

Equity markets responded positively to the easing tensions. European indices rose by around 5%, while Spain's Ibex-35 jumped more than 4% at the opening bell,

led by gains in airline group IAG and steel companies. Gold prices rose by about 2%, reaching \$4,800 an ounce, while silver surged 4.5%, reflecting shifting expectations around interest rates. Anticipation of potential rate cuts by the Federal Reserve has also influenced movements in bond markets.



+55 luxury
Long-Term Rental Resort

+34 618 454 893

+34 966 619 010

comercial@evocaliving.com

evocaliving.com

C/ Monte de Santa Pola, 13, 03130,
 Gran Alacant, Alicante, Spain

Orihuela crime victims' office assists 360 people

Between 1st January and 15th February, 2026, the Office for Assistance to Victims of Crime (OAVD) in Orihuela provided support to 360 people, the Ministry of Justice, Transparency and Participation has reported. Located in the Orihuela courthouse, the office offers comprehensive guidance and care to victims within the judicial district.

During this period, 102 new cases were opened, with nearly 90% involving female victims. In addition, 236 individuals with cases initiated in previous years received continued support, totalling 193 criminal acts addressed—most of which were related to gender-based violence.

The office also delivered direct assistance to victims without an open case file, underscoring its critical role in offering immediate guidance and support.

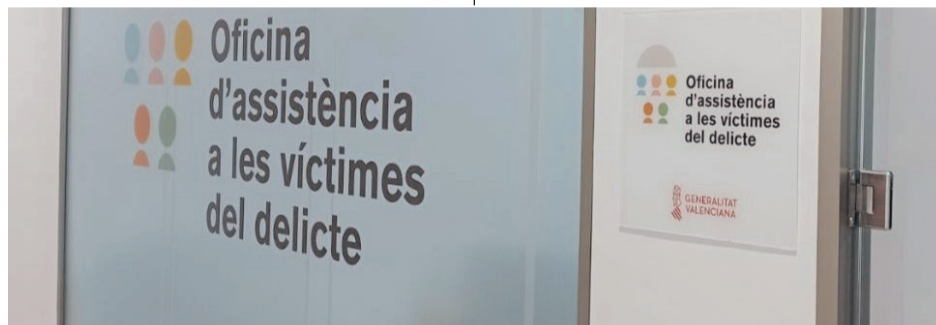
The demand for services has grown significantly. In January 2026 alone, 258 victims were attended to, marking a 27% increase from the same month in 2025,

when 203 cases were recorded.

The Orihuela OAVD is staffed by a multidisciplinary team of four professionals from the legal, psychological, and social work fields, ensuring holistic care for all those affected. Recognized as one of the busiest offices in the Valencian Community outside provincial capitals, it was reinforced in 2024 with the addition of an extra professional to meet rising needs.

Coordination with the Comprehensive Forensic Assessment Unit of Elche and the Regional Psychosocial Office of Orihuela ensures that victims receive specialized and personalized care.

The Ministry of Justice, Transparency and Participation emphasized that it remains committed to improving services for victims, adapting resources to meet real needs, and providing comprehensive, accessible, and high-quality support.



Spain reopens embassy in Iran

Spain has announced the reopening of its embassy in Iran, nearly a month after its closure due to rising tensions following military actions by the United States and Israel. The embassy had been evacuated on March 7 amid escalating hostilities.

The Foreign Ministry confirmed that Ambassador Antonio Sánchez-Benedito has returned to Tehran to resume diplomatic operations. The reopening follows an interim ceasefire agreement between Washington and Tehran, which includes a two-week suspension of hostilities and the temporary reopening of the Strait of Hormuz.

The Spanish Foreign Ministry emphasized that the government's approach prioritises diplomacy and peace, distancing itself from the military actions initiated by the United States and Israel. Spain's government has repeatedly called for negotiations and adherence to international law, framing its efforts as part of a broader

strategy to protect its interests in the Middle East while avoiding direct involvement in the conflict.

In a parallel move, Margarita Robles met with the Lebanese ambassador to Spain, Hani Chemaitelly, reaffirming Spain's commitment to regional stability and democratic governance. Robles described the temporary ceasefire as a positive development but highlighted concerns about Israel's reluctance to extend the truce to Lebanese territory. She also underscored the challenging conditions faced by nearly 700 Spanish military personnel deployed under the UN mission in the region.

The reopening of the embassy signals Spain's renewed diplomatic engagement in Tehran, but officials acknowledge that the situation in the Middle East remains volatile, requiring careful monitoring and sustained international dialogue.



Lithuanian car theft gang dismantled with arrest in Orihuela

The National Police have dismantled a Lithuanian criminal network specializing in the theft and resale of high-demand vehicles, resulting in six arrests across Spain, including one in Orihuela, Alicante. Four of those arrested have been placed in provisional prison, and 13 stolen cars have been recovered so far.

The group primarily targeted vehicles of a specific Japanese brand with low mileage in the Axarquía region of Málaga, stealing them to later sell at inflated prices. Police investigations revealed a highly organized operation, with members assigned distinct roles: stealing cars, hiding them temporarily, altering identifying features, and reintroducing them into the legal market.

The probe began earlier this year after authorities noticed a surge in thefts of vehicles sharing the same characteristics. Investigators traced the network's leadership to Almería, while operatives carried out thefts in Málaga.

During coordinated raids, the group's leader was arrested in Almería. Four other arrests occurred in the province of Málaga—specifically in Mijas and Vélez-Málaga—and a sixth arrest was made in Orihuela.

The network employed specialists for each stage of the criminal operation. After vehicles were stolen, they were moved to

isolated locations before being transported to Almería for "makeover" procedures. This involved altering registration details, modifying chassis numbers, and producing new documentation to give the stolen cars the appearance of legality, both for sale in Spain and across the European Union.

Police seized tools, counterfeit documentation materials, vehicle identification elements, cloning software, keys, switchboards, and over €2,000 in cash during the operation. Authorities are continuing to analyse the seized material, and further arrests or vehicle recoveries are not ruled out.

So far, 13 vehicles have been returned to their owners, while investigations continue to uncover the full scope of the network's activities.





*Indiana's
Hair &
Lash Boutique*

T-SECTION HIGHLIGHTS 40€
(with this advert)

ALL ABOUT HAIR

Advanced Cutting
Blow Dry
Sets
Hair Up
Colour Specialist
Highlights
Conditioning Treatments
Mens Styling

Plaza de La Inmaculada (Behind the Ayuntamiento)
03178 Benijofar (Alicante)
681 250 190
Facebook/ Instagram
Indianas Hair and Lash Boutique
[@indianashair&lashboutique](#)

Spain's property prices surge again

Spain's housing market has taken another sharp upward turn, with prices rising by 12.9% in 2025, making it the fourth largest increase in the European Union and more than double the EU average.

According to the latest Eurostat data, only Hungary, Portugal and Croatia recorded higher increases last year. Across the EU as a whole, house prices rose by 5.5%, while the eurozone average was slightly lower at 5.1%.

The figures underline how quickly the Spanish market has accelerated in recent years. House prices have been climbing steadily for over a decade, but the pace has intensified significantly since the pandemic and energy crisis, with demand consistently outstripping supply.

By the end of 2025, property values in Spain had reached levels of annual growth not seen since the peak of the housing bubble, with the last comparable surge dating back to early 2007. Since the end of 2022 alone, prices have risen by 31%.

What is striking is how consistent the increases have been. Throughout 2025, year-on-year growth hovered around the 12.8% mark, before edging slightly higher by the final quarter. This follows an already strong 11.4% rise at the end of 2024, meaning Spain has now entered a prolonged period of double-digit growth.

This sustained rise has already been felt in key areas such as the Costa Blanca, where prices have surged and affordability has been pushed "to the limit" in hotspots like

Benidorm and Torrevieja.

In parts of Murcia, the trend has been just as clear. In Cartagena, for example, property values have repeatedly hit new records, with delays in buying often resulting in higher costs for purchasers.

Across Europe, the picture is mixed. While Spain sits near the top of the table, several major economies have seen far more modest increases. Prices rose by just 4.1% in Italy, 3% in Germany and 1% in France. Finland was the only country to record a fall, with prices dropping by 3.1%.

In contrast, strong growth has been concentrated in parts of Central and Eastern Europe, as well as the Iberian Peninsula. Tourism is widely seen as a key factor in some

of these markets. Spain, Portugal and Croatia all share a high level of demand linked to holiday rentals and foreign buyers.

As one analyst noted, "the importance of tourism and its impact on the real estate market" continues to shape price trends in these countries.

Earlier reports also highlighted that rising demand, combined with limited supply, has been a driving force

behind continued price increases across Spain.

For buyers, the message is becoming increasingly familiar. Prices are still rising, and quickly. While growth may have stabilised slightly, the overall direction remains firmly upwards, adding further pressure for those hoping to get onto the property ladder.

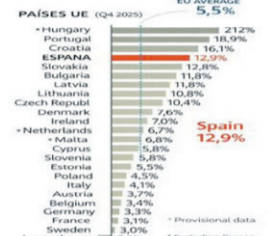
Image: Jakub Zerdzicki/Pexels

EVOLUTION OF HOUSE PRICE INDEX IN SPAIN

ANNUAL VARIATION, QUARTERLY DATA



PAISES UE (Q4 2025) EU AVERAGE 5,5%



New species of spider discovered in Spain

Researchers from the Spanish National Research Council (CSIC) have documented for the first time the presence of *Cryptodraspus michaeli*, a tiny spider measuring just three millimetres, in the province of Almería. The discovery marks a significant step in understanding the biodiversity of the region's semi-arid ecosystems.

The finding was made by a team led by Jordi Moya-Laraño at the Arid Zones Experimental Station, who succeeded in capturing video footage of the species—previously known only from scarce and isolated records. Fieldwork was carried out near Boca de los Frailes, where scientists used ground-level pitfall traps to collect live specimens.

Belonging to the Gnaphosidae family, commonly referred to as ground spiders, *Cryptodraspus michaeli* is exceptionally difficult to detect due to its minute size—smaller than the tip of a pencil—and its ability to remain hidden in its natural environment.

Identification of the species requires detailed laboratory analysis. Specimens are examined

under microscopes to study their morphology, a process supported by genetic comparisons conducted at the University of Almería. So far, only eight individuals have been recorded, highlighting the rarity of the species. The spider is named in honour of British arachnologist Michael Roberts, known for his contributions to European field guides.

Scientists consider the discovery to be an important ecological indicator. The presence of rare and scarce species such as *Cryptodraspus michaeli* is associated with well-preserved habitats, while ecosystems dominated only by common species may signal environmental degradation.

Aena denies fuel shortages at Alicante-Elche airport

Global tensions linked to the conflict in Iran are sending shockwaves through energy markets, with aviation among the sectors already feeling the impact.

The disruption stems largely from instability around the Strait of Hormuz, a critical passage for global oil supplies. Reduced flow through the corridor has driven up crude prices, triggering a sharp increase in fuel costs for transport and airline companies.

Air carriers have begun adjusting operations in response, cutting back on some flight planning and raising ticket prices to offset higher fuel expenses. Industry sources warn that, if the situation persists, parts of Europe could face fuel supply pressures affecting airport operations.

In Spain, however, airport operator Aena has sought to reassure travellers and

airlines, stating that there are currently no fuel shortages across its network.

The company, which manages most of the country's airports including Alicante-Elche Miguel Hernández Airport, said existing reserves remain stable. According to information from fuel storage providers, there are no indications of supply disruptions at Spanish terminals.

Aena also moved to counter reports suggesting potential fuel issues, emphasizing that airport operations are continuing as normal.

Despite this, airlines continue to signal rising operational costs, with passengers likely to face higher fares in the coming weeks. Carriers are advising travellers to book in advance as a way to mitigate the impact of further price increases if fuel costs remain elevated.





KITCHENS

Emilio



YOUR SPECIALIST IN FITTED KITCHENS AND WARDROBES

Come and visit our NEW SHOWROOM

NEW WEBSITE, VISIT US: www.kitchensemilio.com



Kitchens Emilio






info@kitchensemilio.com
www.kitchensemilio.com
 C/ San Mateo 9, Los Montesinos
 Customer Service Isabel 645 297 616



New immigration report paints a stark picture

Spain's long-term future could look very different if immigration levels were significantly reduced, according to a new report by the National Office for Foresight and Strategy (ONPE). The study explores what might happen if the country cut its immigrant population by 30%, and the conclusions are far from reassuring.

Rather than easing pressure, the report suggests such a move would create serious challenges. Over the next 50 years, Spain's population could fall by more than a quarter, dropping to around 40 million by 2075. That would mean losing around 9 million working-age people, a shift that would directly affect "economic activity, innovation, and the well-being of the country."

This comes at a time when migra-

tion remains firmly in the spotlight, with recent scrutiny over rising arrivals and pressure on Mediterranean routes highlighting how central the issue has become across Spain and the EU.

The economic impact would also be significant. The report estimates GDP could fall by more than 20%, while average annual income per person could drop by €18,000. As the study notes, "the foreign population has contributed between 15% and 25% of annual income growth", underlining its role in supporting everyday economic activity.

Key industries would feel the strain. Agriculture could see more than 220,000 farms abandoned due to labour shortages, while the hospitality sector, a cornerstone of Spanish life,

could lose up to 90,000 bars over the same period. Care services would also be hit, with a projected 28% drop in workers just as the elderly population rises by around 60%.

These findings sit alongside broader demographic trends, as Spain's population has already surged past 49 million in recent years, largely driven by immigration rather than natural growth. With a fertility rate of just 1.1 children per woman and life expectancy at 84, the country is ageing rapidly.

Public services would not be immune either. Fewer young people could lead to thousands of classroom closures, while health-care pressures would grow, with up to 64,000 fewer specialist

doctors and longer waiting lists. Taxes could also rise by as much as €2,000 per year to maintain pensions and essential services.

At the same time, localised arrivals continue to make headlines, with coastal regions such as Murcia experiencing periodic spikes in migrant landings.

Taken together, the report offers a clear message. Immigration is not just a political issue, but a key factor shaping Spain's economic stability, workforce and future living standards.



Sevillanas Fair returns to Pilar



Pilar de la Horadada is preparing to host the XIII Sevillanas Fair, one of the municipality's most anticipated spring events. The celebration will take place from 30th April to 3rd May at the Parque Raimundo Benedicto Fairgrounds, promising four days filled with music, dance, and Andalusian tradition.

The fair transforms the town

into a vibrant gathering spot, where visitors can enjoy live musical performances, traditional Sevillanas dance shows, and a variety of activities designed for all ages. Local gastronomy will also feature prominently, offering attendees a taste of regional culinary specialties.

The City Council of Pilar de

la Horadada has made the complete programme available on its official website, allowing residents and visitors to plan their participation and explore all scheduled events.

Now established as one of the liveliest spring festivities on the Costa Blanca, the Sevillanas Fair attracts both locals and tourists seeking to experience

the music, dance, and festive atmosphere of southern Spain. The event continues to strengthen the municipality's cultural calendar while celebrating Andalusian heritage in a lively, family-friendly environment.

Local Police in Torrevieja seize more than 400 illegal products

Local police in Torrevieja conducted a targeted operation against illegal street vending on the Playa del Cura promenade, resulting in the seizure of a significant amount of merchandise.

The intervention took place one afternoon when several vendors fled the scene, abandoning their goods in the presence of officers. Police then collected numerous items intended for unauthorized sale, ranging from clothing to accessories.

Seized merchandise included 97 football kits, 28 sweatshirts, 23 vests, 67 pairs of sneakers, and 112 bags. Other items confiscated included purses, card holders, flip-flops, belts, and three trolleys used to

transport the products.

According to the Department of Emergencies of the Torrevieja City Council, this type of operation is part of routine control and surveillance measures, particularly in tourist-heavy areas.

The initiative aims to ensure compliance with local regulations, protect legitimate businesses, and maintain public order in areas with high visitor traffic. Authorities stress that these interventions are ongoing and form part of broader efforts to manage urban spaces and support lawful commerce while deterring unauthorized street vending.



Environmental group denounces demolition of historic Torrevieja farmhouse

The environmental organisation Friends of the Wetlands of the South of Alicante has condemned the demolition of the historic Lo Reche farmhouse, an 18th-century building located near the Torrevieja lagoon, describing the loss as a serious blow to the cultural and environmental heritage of the Campo de Salinas area.

The property, situated between the municipalities of Torrevieja and Los Montesinos, was historically linked to the Hacienda de Lo Reig and had stood for nearly 300 years. According to the organisation, the structure has now been almost entirely demolished, with only a small section of wall remaining.

The group stated that the farmhouse had long been abandoned and had suffered significant structural deterioration, leading to the gradual loss of its original features. However, it stressed that the building was listed in the municipal Catalogue of Protected Assets and Spaces of Los Montesinos due to its ethnological value as a traditional rural estate. Although the catalogue is part of an urban planning framework still under development, the association argues that the site should have benefited from precautionary protection.

A formal complaint has been submitted to the Los Montesinos Town Council, urging clarification over the circumstances

surrounding the demolition.

The organisation also highlighted the environmental importance of the surrounding area, located within a wetland ecosystem that supports a wide range of bird species. These include the Montagu's harrier, the Western marsh harrier, the black-billed tern and the stone curlew.

Environmentalists warn that the loss of traditional agricultural buildings forms part of a broader decline in the rural landscape surrounding the wetlands. They point to pressures such as agricultural intensification, chemical use and plastic waste, which they say are contributing to a reduction in biodiversity.

The association is calling for stronger safeguards for both cultural heritage and natural habitats in southern Alicante. It is urging authorities to implement measures that ensure the conservation of traditional agricultural environments, particularly those located near ecologically sensitive areas.

The demolition of the Lo Reche farmhouse, the group argues, underscores the need for more effective protection of heritage sites before their deterioration leads to irreversible loss.



Hotel Algorfa

The Best Sunset Views

of the Costa Blanca

CHER TRIBUTE
CHLOE LEIGH

FRIDAY 17th APRIL
8:30PM - Free Entry

CHER TRIBUTE AND DECADES SHOW

RELIGHT THE FIRE
TAKE THAT TRIBUTE

SATURDAY 18th APRIL
8:30PM
€10 per person

WOODY

Sunday 19th April
5pm
Free Entry

GEORGE MICHAEL TOM JONES
A CELEBRATION OF HIS MUSIC

PERFORMED BY JIM McMAIL

Hotel Algorfa

Friday 24th April
8.30pm
5€ per person

Margaret McDonald presents
A Celebration of the music of
The CARPENTERS

Mr Postman
Solitaire
Close To You
We've Only Just Begun
Rainy Days & Mondays
Masquerade
Superstar
Top Of The World
Desperado
Only Yesterday
Kind of Hush
Calling Occupants
Ticket to Ride
Sing
Jambalaya

Followed by an after party of MOTOWN & ABBA

Saturday 25th April
8.30pm
Free Entry

Sunday 26th April
FREE ENTRY

KEENG
QUEEN TRIBUTE

Saturday 2nd May 8:30
€10 per person

Bee RUMBLE

SOUL - MOTOWN - NORTHERN SOUL
FUNK - POP - ROCK n ROLL

Friday 1st May
FREE ENTRY • 8:30

ROB'S RIGHT GOOD ENTERTAINMENT

- ✓ Bullseye
- ✓ Music Bingo
- ✓ Play Your Cards Right

ALL YOUR FAVOURITE CHEESY 80s GAMESHOWS!
EVERY MONDAY NIGHT at 8PM

featuring Sue Smiley

A TASTE OF THE BRITISH SEASIDE

Every Friday

WITH OUR CHIP SHOP MENU FROM 17.00-21.00

FULL ENGLISH BREAKFAST FROM 3.95€

"Meaty Martes" (Every Tuesday)
Steak, Ribs, Tower Burger or Gammon with a bottle of Wine to share or Pint of draught or Soft drink each

23.95€ for 2 People

SUNDAY CARVERY

-From 1pm-

1 Course 8,99€
2 Courses 10,99€
3 Courses 12,99€

"TAPAS TIME"

Every Monday

Served 17.00 - 21.00

BAKERY & DELICATESSEN

Open All Day - Every Day

- Build your own sub or sandwich
- Cakes, Pastries and Pies freshly baked each day
- Crepes and Waffles
- Italian Gelato in a handmade waffle cone
- Smoothies and Milkshakes

Book your stay directly with us for

10% OFF YOUR BOOKING PRICE.

Enjoy a night of entertainment & an overnight stay to save the stress of a taxi home!

Twin rooms, family rooms, suites with mountain view or self catering apartments available.

Recently refurbished and modernised.

Sports and concert arena for Alicante

City officials have unveiled plans for a major new pavilion designed to host both sporting competitions and large-scale public events, as part of a broader strategy to expand infrastructure across the municipality.

The proposed facility will be built on a 70,000-square-metre plot in the Rabasa area, land already designated for sports use under the city's General Structural Plan (PGE). The venue is intended to serve as a multi-purpose space capable of accommodating mass gatherings alongside traditional indoor sports.

The new pavilion will complement existing and recently upgraded facilities, including the Pitiu Rochel Pavilion and the Technification Centre of Alicante, reinforcing the city's position as a regional hub for athletics and events.

Officials say the project also aligns with other major developments underway, such as the planned "City of Basketball" spearheaded by the Lucentum Foundation along Gran Vía, as well as a wider "sports super-axis" envisioned by the City Council.

In parallel, the General Structural Plan outlines the creation of a large sports park between PAU 4 and PAU 5, in the Playa de San Juan area. Covering nearly 73,000 square metres, the park will feature multiple courts and recreational spaces and will be located on Avenida

de las Naciones, between the golf course roundabout and PAU 5.

The new park is expected to serve one of Alicante's fastest-growing residential zones, situated near landmark green spaces such as La Marjal Park and Sergio Melgares Park.

Meanwhile, further progress is being made on the City of Basketball project, planned for Polop Street between Gran Vía and Vía Parque. The initiative will be developed across three municipally owned plots spanning approximately 11,000 square metres, with the Lucentum Foundation already having submitted its proposal and begun the process to secure land concessions.

According to project details, the complex will include a four-storey building dedicated to athlete accommodation and training as part of a basketball academy. Additional facilities will feature a single-storey pavilion for training sessions and youth competitions, equipped with three indoor courts, seating areas, changing rooms, and supporting amenities, along with an outdoor court.

A second, three-storey pavilion is also planned, which will house a gym and administrative offices, further expanding Alicante's capacity to develop sporting talent and host competitive events.

Torreveija strengthens emotional support for frontline professionals

Torreveija City Council has unveiled a new initiative aimed at supporting the mental well-being of frontline public service workers, introducing a training programme titled "Emotional Health on the Front Line."

The programme, developed through the council's Public Health and Local Police departments, is designed to provide psychological support and strengthen emotional resilience among professionals who regularly operate under high-pressure conditions.

At the official presentation, Public Health Councillor Rosa Cañón, Local Police Councillor Federico Alarcón, and Jesús Mesones, Head of Psychiatry at the University Hospital of Torreveija, outlined the goals of the initiative.

Officials said the programme prioritizes the well-being of essential personnel by equipping them with practical tools to better manage the emotional demands of their roles. The training is intended to help prevent burnout, improve stress management, and promote emotional balance in daily operations.

The initiative is targeted at professionals frequently exposed to intense or emergency situations, including local police officers, security forces, Civil Guard members, traffic officers, firefighters, and Civil Protection staff.

According to organizers, the training will focus on strengthening both personal and professional skills related to anxiety and stress management. It also aims to improve early detection of potential mental health issues and encourage healthier, more resilient workplace environments.

Participants will take part in interactive and practical sessions, where they will learn techniques for emotional regulation, coping strategies, and tools directly applicable to their work. Authorities say the programme is expected to not only enhance the well-being of workers but also improve the overall quality of public service in the municipality.



Tabarca Island bids for independence

Residents of the island have agreed to initiate formal procedures to obtain recognition as a minor local entity, a move that would allow them to operate with greater administrative autonomy from Alicante City Council.

The proposal follows a community-led signature campaign in which 33 registered residents—representing a majority of the island's population—backed the initiative. This level of support enables the process to move forward through the relevant administrative channels.

If approved, the new status would grant Tabarca the ability to

assume certain municipal powers and directly manage its own financial resources, including funds received from other public administrations.

The push for self-governance has been led by the Tabarca Isla Plana neighbourhood association, which has been advocating for greater autonomy for more than a decade. Residents argue that the island's unique environmental and cultural characteristics have not been matched by sufficient institutional attention or tailored policies.

Among the concerns raised is the management and preser-

vation of heritage assets such as the Tower of San José, a protected site of cultural interest. Tabarca also holds environmental significance as Spain's first officially designated marine reserve, established in 1986.

Infrastructure and accessibility remain key issues for the island's population. Residents highlight ongoing shortcomings in transport connections, noting a lack of progress since an initiative to improve access was approved in 2018 by Les Corts Valencianes.

Legal representatives for the neighbourhood association have already begun preparing

the documentation required to formally submit the request for minor local entity status. Should the process advance, decisions regarding which specific powers to assume would be determined collectively by the island's residents.

Within Alicante's municipal government, deputy mayor Manuel Villar has indicated that details of the proposal are not yet known. The administration led by mayor Luis Barcala has rejected claims that the island is being neglected.

Opposition groups have linked the residents' initiative to broad-

er concerns about the lack of a defined strategy for Tabarca. Socialist spokesperson Ana Barceló has pointed to delays in approving the island's Special Plan, while Compromís councillor Rafa Mas has described the move toward administrative independence as a serious and understandable response to prolonged inaction.

The proposal now enters what is expected to be a complex administrative process requiring approval from multiple levels of government before any change in status can be implemented.

Three Irish cyclists seriously injured in Orihuela road collision

Three Irish cyclists have been seriously injured after being hit by a car on the CV-925 in Orihuela. The collision happened on the section of road that crosses the La Pedrera reservoir dam, close to the district of Torremendo, according to the Guardia Civil.

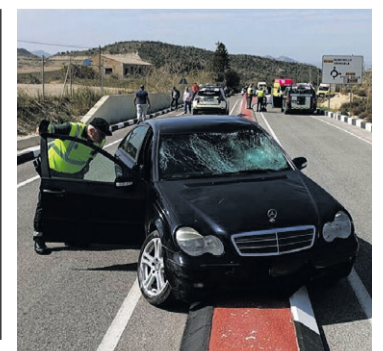
The injured men, aged 56, 59 and 62, were part of a larger group

of six cyclists when the incident occurred. Emergency services, including Traffic Guardia Civil officers, Orihuela Local Police and several SAMU units, attended the scene. The three men were taken to the Vega Baja Regional Hospital. One remains in a very serious condition, while the other two are described as serious.

The CV-925 and the adjoining CV-950 have been the site of several serious and fatal accidents in recent years. The route is popular with foreign residents, walkers, cyclists and motorcyclists, and carries a high volume of traffic, particularly around the reservoir.

In late 2022, the Generalitat installed speed reducers along the

dam stretch and created parking areas near the viewpoints in an effort to curb dangerous driving and informal motorcycle racing. A young motorcyclist died on the same stretch last year following a collision with a car.



PLATINUM

• REAL ESTATE •

WE **URGENTLY** REQUIRE PROPERTIES
FOR SALE IN ALL AREAS

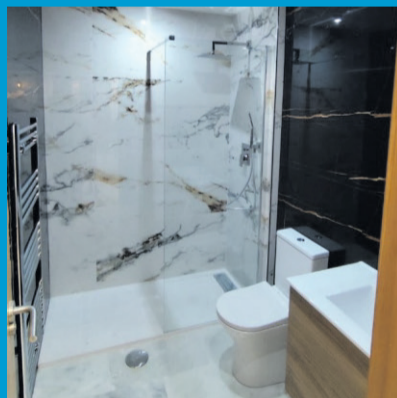
SELL YOUR PROPERTY

1% + IVA



PLATINUM

• CONSTRUCTION •



FOR ALL YOUR CONSTRUCTION NEEDS



(0034) 865 758 513

sales@platinumproperties.es



(0034) 602 634 153

www.platinumproperties.es

Avenida Maria Del Mar Rodriguez No 23 (Algorfa)

Anti-war campaigners explain how to redirect tax money away from military spending

A campaign group in Spain is encouraging people to refuse to contribute to military spending through their income tax returns in 2026, with organisers describing it as a form of "active disobedience" against war funding.

Promoted by the Insumissia platform, the initiative is gaining momentum across the country. It centres on what Insumissia calls "tax objection to military spending", defined as the "unwillingness to collaborate with the State in the expenses of preparing for wars and maintaining the military structure, actively disobeying when filing income tax returns."

More than 500 people took part in the campaign in 2025, according to organisers, "diverting a total of €45,029 to the financing of at least 130 projects that help build a more just and peaceful society."

Set against what organisers describe as an increasingly "bellicose" global climate, given the situation in Ukraine and the Middle East, the campaign is being relaunched this year as a symbolic rejection of violence and military escalation.

Social groups involved say it is intended to "become another symbol of rejection towards those who promote and carry out attacks against civilians."

On a practical level, the process involves "using the income tax return to divert a portion of the total taxes to a project that works to defend socially equitable progress."

In the Basque Country, the KEM-MOC collective is among the groups supporting the initiative. It plans to open advisory offices in Vitoria-Gasteiz, San Sebastián and Bilbao during April and May to guide participants.

In a strongly worded statement, the group framed the campaign as both a personal and collective act: "Tax

resistance is not just an individual act, but a collective action that strengthens social movements in the Basque Country. By exercising tax resistance, we send a clear message to governments and the arms industry: we refuse to be complicit in war!"

The organisation also criticised Spain's defence spending, claiming that €36 billion was allocated to military expenditure in 2025, "a figure that could rise to €60 billion with hidden allocations," alongside "another €95 billion invested in the new arms race."

"This spending, which doubles the investment in the Minimum Living Income, leads to cuts in healthcare, education and social services, increasing social inequality," the group stated. "This squandering on weaponry fuels the spiral of global violence and demonstrates the government's alignment with the interests of the military industry."

How to divert your taxes away from funding the war effort

Detailed guidance has been published by various antimilitarist groups linked to Insumissia, outlining how

individuals can participate.

The easiest way, they note, is to make a simple bank transfer to a chosen social or pacifist organisation, noting "Tax Objection to Military Spending" in the payment details, and then reflecting that amount in their tax return in an unused section.

Insumissia is also happy to provide assistance on this relatively niche but growing trend within Spanish society, and any legally registered gestor or asesor who presents your income tax returns for you will also be able to help, provided you tell them exactly what you wish to do.

Participants are also encouraged to formally declare their stance to the Hacienda tax authority (in Spanish), stating their intention and reasons for not wanting to collaborate in military spending, expressly declaring their status as a "conscientious objector" to military spending.

Finally, organisers ask participants to report their actions to Insumissia so they can be included in a collective annual report, helping to quantify and publicise what they see as a growing movement of fiscal resistance to war funding.



Spain faces fresh scrutiny over Mediterranean's deadly migration crisis

Spain and the wider European Union are once again under scrutiny as the deadly migration crisis in the Mediterranean climbs to new heights, with lives lost at sea and policy shifts provoking fresh controversy over how to respond.

The central Mediterranean, long notorious as one of the world's most dangerous migration corridors, has recorded yet another tragic incident. A boat carrying around 105 people from Libya sank on its way to Italy, killing at least 70 and leaving most bodies unrecovered. Only 32 people survived, spotlighting how easily crossings can turn into deadly disasters, often without any record if boats simply vanish.

That grim episode comes amid broader data showing the perilous nature of these journeys. According to the International Organisation for Migration, more than 768 migrants died or disappeared in the central Mediterranean route in just January and February of this year, making it the deadliest start to a year ever recorded on that corridor.

Overall figures from 2025 showed almost 3,000 deaths among those trying to reach Spain by sea, including nearly 440 minors and close to 200 women, according to NGO data.

For Spain specifically, the picture this year is marked by shifting patterns. Official statistics show that irregular migrant arrivals into Spain fell by nearly half in the first quarter of 2026, with just over 6,200 people arriving irregularly, compared with nearly 12,000 during the same period in 2025. That drop is largely due to a sharp reduction in Atlantic crossings to the Canary Islands, while

land and sea arrivals on the mainland and to the Balearic Islands have risen.

Despite fewer arrivals, the human cost remains grievous. Many groups warn that the deadly toll is partly a result of Europe's tightening border and migration policies. Critics say that externalisation agreements, essentially deals in which EU states like Spain provide money, equipment and training to North African governments, are pushing people into ever more dangerous routes rather than making travel safer.

Spanish journalist José Bautista has been vocal about the issue, arguing that financing such deals with countries where human rights standards are weak only creates short-term solutions that cost lives.

Agencies like Frontex have also faced allegations that their operations at times hinder search and rescue efforts, with accusations that distress calls can be diverted to coastal authorities rather than NGOs equipped to assist directly.

The European Parliament recently approved a contro-

versial returns regulation that would make deportations to third countries easier and allow detention of children under certain conditions, measures campaigners argue could further endanger vulnerable families.

Spain itself has taken unique positions within the EU on some aspects of migration policy. It has opposed certain EU return regulations while at the same time preparing its own plans to regularise hundreds of thousands of irregular migrants already in the country, decisions that have attracted criticism from other member states worried about integration and free movement rules.

With ongoing instability in the Middle East continuing to displace people and routes still shifting, especially in the Mediterranean and across West Africa towards Spain's coasts, pressure on EU and Spanish border systems shows no immediate sign of easing.

Human rights groups warn that without a fundamental rethink of Europe's migration approach, particularly one that prioritises safe passage and humane treatment, more tragedies are inevitable.



Spain breaks jobs record

Spain's labour market reached a historic milestone in March, with Social Security enrolment surpassing 22 million for the first time, driven by seasonal Easter demand and continued strength in the services sector.

New data released on Monday showed that the number of contributors, adjusted to remove calendar effects, rose to 22,010,532 after an increase of just over 80,000 jobs during the month. In raw terms, average enrolment climbed even more sharply, rising by 211,510 people to 21.88 million – the largest March increase on record. The unadjusted total also set a new high, with more than 21.8 million people registered in the system.

The surge in employment reflects broader gains in Spain's labour market in recent years. Since 2018, the number of Social Security contributors has grown by nearly 3.4 million. The government highlighted particularly strong progress among women, with female employment nearing 10.4 million, alongside a continued shift toward permanent contracts and expansion in

higher-skilled sectors such as technology, science and information services.

Prime Minister Pedro Sánchez signalled the milestone ahead of the official release with a brief social media post reading "22", later following up with a video message praising workers across the country. He described Spain as "a team that is making history," paying tribute to those contributing to the economy.

Unemployment also declined during the month, offering further signs of labour market resilience. The number of people out of work fell by 0.9% to 2.42 million – the lowest level for March since 2008 – and is down by more than 160,000 compared with a year earlier.

Yolanda Díaz, Spain's second vice-president and labour minister, said the figures point to record lows in both female and youth unemployment. She credited recent labour reforms for helping to stabilise employment and improve job quality across the economy.



Housing costs soar in Alicante, Benidorm and Orihuela

The housing market in Alicante province has started 2026 on a high note, with prices continuing to climb across the main cities. According to Tinsa's IMIE Local Markets report for the first quarter, the average price in the province now stands at €1,877 per square metre, up 18.3% year-on-year and 4.2% since last quarter.

Always popular Benidorm leads the way, with homes reaching an average €2,786 per square metre. Prices there have jumped 20.5% over the past year and 2.7% in the last three months, reflecting its strong appeal to both long-term expats and tourists.

Other coastal municipalities are following a similar trend. In Orihuela, the average price is €1,986 per square metre, rising 15.4% over the year and 4.8% in the last quarter. Alicante city itself has seen prices increase by 16.1% year-on-year, now averaging €1,980 per square metre, with a 2.6% quarterly gain. Torrevieja is close behind at €1,859 per square metre, up 15% annually.

Prices are also rising in inland towns, although a bit more moderately. Elche averages €1,552 per square metre after a 16.2% yearly increase and a quarterly jump of 6.4%. Elda sits at €866 per square metre (+13% year-on-year) and Alcoy remains the most affordable at €802 per square metre, with a slight quarterly drop of 0.9%.

The province's overall growth of 18.3%

puts it well above the national average of 14.3%, making Alicante one of the most dynamic housing markets in Spain right now. Only areas like Toledo, Albacete and Madrid have recorded larger annual increases.

The demand for new homes is also pushing up construction activity. In January, 213 new buildings were approved across Alicante province, up 18.3% on the same month last year. Most of these are residential, with 209 new projects compared to 172 in January 2025.

Alicante's property market is showing no sign of cooling yet, with strong demand along the coast keeping prices high and construction busy as the year really gets underway.



Funeral Planning just got a lot easier!!



Two Trusted Teams... Working Together As One

Call for a FREE Quote

865 616 550

Golden Leaves International and Avalon Funeral Plans are trading styles of Golden Leaves Limited, which is a funeral plan provider and is authorised and regulated by the Financial Conduct Authority. Firm Reference Number: 960923. You can check this on the Financial Services Register at <https://www.fca.org.co.uk/firms/financial-services-register>.

Find the perfect sun or shade spot with this clever map

This might be one of the greatest inventions yet, a map that lets you check where the sun and shade will fall. It might feel like the kind of tool you'd expect to come from sunny Spain, but it's actually an Austrian company behind it. The software we're talking about is Shadow-map, which was created by a small tech company based in Vienna.

When you check out the website, you can see that Shadowmap seems to have been designed for filmmakers, architects or people planning solar panel installations or buying a home. But in Spain, people have found an even greater use for this app: to find which terrace is in the shade in the summer or in the sun in the winter!

Because it definitely makes a difference, finding a sunny spot in winter can make sitting outside far more comfortable. In summer, it is often the opposite, and sitting in full sun, even for a short time, can quickly become too much.

The way the map works is pretty straightforward. You type in any location and it shows how the sun moves across that area throughout the day. As the sun shifts, you can watch how shadows fall and change, hour by hour. This makes it easy to see exactly what a street, terrace or building will be like before you even step outside.

It's also handy for planning days out or sightseeing. Anyone who's arrived at a famous viewpoint or landmark only to find it completely in shadow will appreciate this. It gives a much better idea of when a place will be at its brightest, which is especially useful for photos.

Even though it might seem like a small detail, Shadowmap has practical uses beyond just choosing a sunny terrace. If you're thinking about solar panels, it shows how much direct sunlight a roof will get, something that directly affects energy production. And for anyone house hunting, it's a simple way to check how much natural light a property will receive during the day and across different seasons.

The free version lets you see shadows for the current day, while the paid version lets you look ahead and compare different times of year. This can be useful if you're planning something longer term, like a renovation, a solar installation or deciding whether a house will feel bright enough in winter.

We will soon have an app for everything, it seems, but some of them are pretty handy. In spring, it helps to find those sun traps to enjoy the sun for longer, and in the summer, knowing where the shade will be can save you

from a very sweaty lunch.

And of course you can use it for its original function if you are a photographer, a gardener or an urban planner for example!



Man to stand trial in Elche over alleged sexual assault and theft

A man is due to stand trial in Elche accused of sexually assaulting a woman and stealing 700 euros from her. The Public Prosecutor's Office is seeking a prison sentence of six years and ten months for the alleged offences of sexual assault and theft.

According to the High Court of Justice of the Valencian Community, the incident dates back to February 2022.

The defendant and the woman met at a nightclub in Torrevieja and agreed to go to his home.

The prosecution claims that while the woman was asleep on the sofa, the man took 700 euros from her purse. The following morning, she allegedly woke up to find him subjecting her to sexual touching and other acts, from which she managed to break free before

leaving the property and discovering the money was missing.

The case will be heard by the Seventh Section of the Alicante Provincial Court in Elche.

STO MEDIA GROUP

WHETHER YOU'RE ON AIR, ONLINE, OR IN
PRINT – WE'VE GOT YOU COVERED.



MURCIATODAY.COM
ALICANTETODAY.COM
ANDALUCIATODAY.COM
SPANISHNEWSTODAY.COM

sales@murciatoday.com



sales@tko.radio



Info.homeandliving@
spaintodayonline.com



costaweeklynews@
alicantetoday.com



STO MEDIA GROUP

sales@murciatoday.com



NEWS IN BRIEF

Plans submitted for ten-storey hotel in La Mata

Duly Investment Home has submitted a formal request to Torrevieja Council to modify planning conditions on a plot in La Mata, between the N-332 and Avenida de los Europeos, to build a hotel and tourist apartment complex. The proposal would allow two ten-storey blocks on land already designated for hotel use.

The developer wants to reduce the maximum site coverage from 40% to 25% while increasing the permitted height from four to ten floors, maintaining overall buildable volume. The project includes 120 two-bedroom holiday apartments under full hotel management, with a total constructed area of 8,000 square metres on a 12,000-square-metre plot. Construction would take around 30 months if the plan is approved.

The application is being processed through a Plan de Reforma Interior, with a strategic environmental assessment currently on public display. The company argues that reducing the footprint will create more open space for leisure areas and complementary commercial uses, while limiting visual impact.

Elderly woman found dead at Torrevieja flat after ten days without contact

Firefighters in Torrevieja have discovered the body of an 82-year-old woman at her home after she had not been seen for ten days. The emergency call was made by a neighbour who became concerned when she stopped going out as usual and a strong smell was coming from the flat.

Crews from the Torrevieja fire station used a ladder truck to enter the third-floor property on Calle Diego Ramírez, near La Hormiga park, through a balcony window. Inside, they found the woman dead in the bathroom. Initial indications suggest she had been dead for more than a week. She was born in Madrid and lived alone.

According to the National Statistics Institute, 27% of households in Torrevieja are single-person homes, and nearly 16,000 of its 110,000 registered residents are aged over 70.



Man arrested for alleged thefts at Murcia hospital

A man has been arrested at the Virgen de la Arrixaca Hospital in Murcia on suspicion of stealing personal belongings from

several patients.

National Police detained the suspect after staff detected his presence inside the hospital. According to police sources, the man broke a window and attempted to flee using a fire escape staircase after nurses became aware of him.

Officers have confirmed that the suspect has multiple previous convictions for similar theft offences. The investigation remains ongoing as police work to establish the full extent of the alleged thefts and identify any additional victims within the hospital.



San Javier launches year-round beach cleaning service

San Javier Town Council has launched a new beach cleaning service designed to keep its coastline in good condition throughout the year. The service covers the beaches of Santiago de la Ribera, including La Hita, Barnuevo, Colón and Castillico, as well as the full length of La Manga del Mar Menor on both its Mediterranean and inland shores.

The scheme is intended to complement existing municipal resources rather than replace them. It will focus on tasks that standard beach cleaning machinery cannot manage, such as removing biomass and seagrass, clearing waste from hard-to-reach areas and emptying around 400 litter bins along the coast. Cleaning of access points, walkways, footbaths, toilets, lifeguard booths and Civil Protection posts is also included.

The operation will scale up during busy periods. In peak summer months, additional staff and equipment will be deployed, including night shifts in La Manga from midnight until 7am to ensure beaches are clean before visitors arrive.

At peak times, up to eight operators may be on duty, while winter services will continue at a reduced level. The council says the system is flexible enough to respond quickly to storms, heavy rain or sudden increases in visitor numbers.

€120 million investment to boost farming

The Valencian Government has invested more than €120 million in measures to strengthen public safety and restore the productive capacity of the region's farm-

ing sector. Agriculture Minister Miguel Barrachina described the programme as an "unprecedented effort" made possible through regional funding to help communities feel more secure in the face of adverse weather events.

The investment includes €46 million for flood control works in both state and municipally-owned areas. Although these zones fall under the responsibility of the Spanish Government, Barrachina said the Generalitat had stepped in to support local councils and respond to the territory's real needs.

The plan also covers the recovery of nearly 600 rural roads, backed by €35 million, and €6 million to improve irrigation water systems. In addition, €26.7 million has been allocated for replanting, almost €2 million for affected livestock farms, and €5 million to reactivate agri-food industries.

Man arrested over alleged theft of €20,000 watch

A man has been arrested by Local Police in San Javier after allegedly stealing a watch valued at nearly 20,000 euros from a home in La Manga del Mar Menor.

According to police sources, the suspect is believed to have taken the luxury watch while carrying out building work at the property. Officers say he used his access to the house to remove the item without

the owner's knowledge.

Alicante records more than 10,800 gender violence complaints in 2025

Alicante recorded 10,851 complaints of gender-based violence in 2025, involving 10,230 victims, according to the annual judicial report. The figures make it the second highest province in the Valencian Community for reported cases. Regionally, 27,743 complaints and 25,545 victims were recorded, giving a rate of 92.7 victims per 10,000 women – the third highest in Spain after the Balearic Islands and Navarre, and well above the national average of 74.

One of the most striking figures in Alicante is the number of victims who chose not to testify against their alleged attacker. A total of 1,622 women exercised this right, the highest number in the region, ahead of Valencia with 1,597 and Castellón with 344. Across the Valencian Community, 3,563 victims – almost 14% of the total – declined to give evidence.

Valencian courts processed 4,913 protection orders during the year, granting 3,805 of them, meaning nearly eight in ten applications were approved. In addition, 8,704 rulings were issued in gender violence cases, with 7,359 resulting in convictions, an overall conviction rate of 84.5%.

NEW KITCHEN WITHOUT RENOVATION

BEFORE

AFTER

KITCHEN VINYL WRAP

No Demolition

Installed Quickly

Waterproof & Durable

Cost-Effective

SJ&A
PRINTWORKS
ONE STOP PRINT SHOP
DISEÑO E IMPRENTA

624 014 594

Fully Legal Wrap Specialists



Penny Lancaster celebrates 26 years with Rod Stewart

Penny Lancaster has reflected on more than two decades of life with her husband Rod Stewart, as the couple marked 26 years together with a renewed focus on maintaining a lasting relationship in the public eye.

The 55-year-old model, television presenter and special constable shared insights into the dynamics that have shaped their long-running partnership, describing a relationship built on consistency, shared experiences and mutual effort. Their milestone anniversary comes as one of the more enduring unions in the entertainment industry, where long-term relationships are often tested by demanding schedules and public scrutiny.

Lancaster and Stewart first met in 1999, at a time when she was studying photography and he was already an internationally established music figure. Their relationship developed across continents in its early stages, with periods of long-distance communication forming a key part of their connection. This early experience of time apart is said to have laid the groundwork for a balance between independence and togetherness that continues to define their marriage.

Over the years, the couple have placed emphasis on

maintaining regular shared activities despite their busy professional lives. Everyday routines, such as spending time together during school runs or taking short breaks for coffee, have remained central to their approach. These moments are complemented by more deliberate efforts to prioritise time as a couple, including evenings out and travel.

Marking important milestones has also become a defining feature of their relationship. Anniversaries in particular are treated as opportunities to revisit significant moments from their past, while also creating new shared experiences. One recent celebration involved retracing meaningful locations tied to their engagement and wedding, highlighting a sense of continuity in their relationship.

At the same time, both Lancaster and Stewart have continued to pursue individual commitments. Stewart's ongoing music career frequently requires travel, while Lancaster balances her media work with her role in policing. Periods spent apart remain a regular aspect of their lives, something Lancaster has indicated contributes positively to sustaining their connection over time.

Their family life has also played a central role in the longevity of their partnership. The couple share two sons, born in 2005 and 2011, and have navigated parenting alongside Stewart's existing role as a father to children from previous relationships. The blended family structure has added another dimension to their shared responsibilities and long-term planning.

Observers of the couple often point to their ability to combine public visibility with a relatively stable private life. While Stewart has maintained his status as a prominent figure in music for decades, Lancaster has developed her own career across television and public service, contributing to a partnership that is both collaborative and independent.

As they celebrate 26 years together, the couple's relationship continues to reflect a mix of routine, adaptability and shared history. Their approach underscores the importance of sustained effort, evolving priorities and the ability to balance personal ambitions with a long-term commitment, offering a notable example of endurance within the entertainment world.

Katie Price left speechless by latest surgery

Katie Price has revealed complications following a recent cosmetic procedure that has affected her ability to speak, raising fresh concerns about the risks associated with non-surgical facial treatments.

The television personality and former glamour model, 47, disclosed that injections intended to refine the appearance of her chin have instead left her experiencing restricted movement in her lower face. The issue emerged after she underwent the treatment in an effort to achieve a smoother chin contour, a procedure that is increasingly popular in aesthetic clinics.

Price shared details of the experience during a recent episode of her podcast, which she co-hosts with her sister, Sophie. During the discussion, she explained that the effects of the injections had caused noticeable distortion in her mouth area, making it difficult to control movement and speak naturally. The unexpected outcome has led her to rule out repeating the procedure in the future.

The treatment, commonly involving Botox or similar injectables, is often marketed as a way to soften lines and improve facial symmetry. However, Price's experience highlights how such procedures can sometimes produce

unintended side effects, particularly when administered in delicate areas of the face. Limited muscle control, asymmetry, and temporary speech difficulties are among the known risks.

Further discussion on the podcast touched on the broader context of cosmetic enhancements, including other areas where similar injections can be used. Price indicated that she had considered additional treatments but ultimately avoided them, a decision she now views as fortunate given her current condition.

Alongside the discussion of cosmetic work, the episode also shifted to lighter personal topics, including her recent marriage to Lee Andrews. The couple married in December after a brief relationship, a decision that has attracted public attention due to its rapid timeline. During the podcast, the sisters joked about the whirlwind nature of the union, drawing comparisons to reality television formats centred on spontaneous marriages.

The conversation also referenced future plans, including speculation about another wedding dress, suggesting an ongoing openness to change and reinvention in Price's personal life. The exchange maintained a humorous

tone, reflecting the dynamic between the siblings while also underscoring the public fascination with her relationships.

Price's recent cosmetic treatment took place in Dubai, where she had travelled to visit her husband. During the trip, both reportedly attended a cosmetic clinic. Her return journey coincided with a period of heightened geopolitical tension in the region, yet she was seen continuing with her travel plans.

Following her arrival back in the United Kingdom, Price reportedly visited another clinic for additional aesthetic work, indicating a continued engagement with cosmetic procedures despite the complications she later described.

The situation has sparked renewed discussion about the safety and regulation of cosmetic treatments, particularly those performed abroad. While non-surgical enhancements remain widely accessible, medical professionals frequently emphasize the importance of qualified practitioners and thorough consultation to minimize risks.

Price's experience serves as a high-profile example of how even routine procedures can yield unexpected outcomes, reinforcing the need for caution in an industry that continues to grow in popularity.

Josie Gibson battles lipoedema

Television presenter Josie Gibson has detailed the combination of medical treatment, fitness efforts and alternative wellness practices behind her recent weight loss, following a long struggle with a chronic condition that affects fat distribution.

The 41-year-old, known for her work on daytime television, has been diagnosed with lipoedema, a condition that causes an abnormal buildup of fat tissue, most commonly in the legs, hips and arms. The disorder primarily affects women and is widely understood

to have a genetic component. It can also make weight loss through conventional diet and exercise significantly more difficult. Despite maintaining an active lifestyle, Gibson had reportedly found it challenging to reduce certain areas of fat linked to the condition. As a result, she opted to undergo liposuction, investing approximately £7,000 in the procedure as a way to accelerate physical changes that had not been achieved through gym-based efforts alone. The surgical intervention marked a turning point, after which Gibson

intensified her focus on overall health and fitness. Her routine now includes regular cardiovascular exercise, with home-based workouts forming a central part of her regime. The addition of a treadmill has enabled her to maintain consistent daily activity, complemented by circuit-style training sessions. Alongside exercise, Gibson has adopted a broad wellness strategy that incorporates nutritional supplements and recovery-focused therapies. These include collagen and electrolyte intake, as well as lymphatic drainage treatments

designed to support circulation and reduce fluid retention. Greater awareness of the lymphatic system has also informed her approach to managing the symptoms associated with lipoedema. Her post-procedure recovery has involved more unconventional methods as well. Gibson has made use of injectable therapies such as NAD+ and glutathione, which are often promoted for their potential anti-ageing and restorative properties. In addition, she temporarily rented a hyperbaric oxygen chamber, using it over a three-month period to aid healing. Hyperbaric oxygen therapy involves breathing pure oxygen in a pressurised environment, a process

that increases oxygen levels in the blood and can support tissue repair. While commonly used in medical settings for conditions such as decompression sickness and severe infections, it has also gained popularity in wellness circles for its perceived recovery benefits. Further reflecting her interest in alternative health practices, Gibson has experimented with meditation tools, including the construction of a copper pyramid structure often associated with energy-based healing techniques. She has also shared glimpses of her recovery journey on social media, including images of her time inside the hyperbaric chamber.



THIS WEEK'S FILM PICKS

Batman

Friday 17th April, Sky Greats, 8pm



Batman is a 1989 superhero film directed by Tim Burton and written by Sam Hamm and Warren Skaaren. Based on the DC Comics character, it is the first instalment of Warner Bros.' initial Batman film series. The Dark Knight of Gotham City begins his war on crime with his first major enemy being Jack Napier, a criminal who becomes the clownishly homicidal Joker.

A Big Bold Beautiful Journey

Sunday 19th April, Sky Premiere, 8pm



Some doors bring you to your past. Some doors lead you to your future. And some doors change everything. Sarah (Margot Robbie) and David (Colin Farrell) are single strangers who meet at a mutual friend's wedding and soon, through a surprising twist of fate, find themselves on A Big Bold Beautiful Journey - a funny, fantastical, sweeping adventure together where they get to re-live important moments from their respective pasts, illuminating how they got to where they are in the present... and possibly getting a chance to alter their futures.

TV Guide

Tuesday 14th April 2026

BBC

BBC ONE

11:15 Homes Under the Hammer
12:15 Bargain Hunt
13:00 BBC News at One
14:00 Shift the Thrift
14:30 Designing the Hebrides
15:00 Escape to the Country
15:45 I Made It at Market
16:30 The Finish Line
17:15 Pointless
18:00 BBC News at Six
18:30 BBC London
19:00 The One Show
19:30 EastEnders
20:00 Sort Your Life Out
21:00 Babies
22:00 BBC News at Ten
22:30 BBC London
22:40 Yesterday
00:30 Ambulance

BBC TWO

12:15 Politics Live
13:00 Impossible
13:45 The Tournament
14:30 Lightning
15:00 Clive Myrie's Caribbean Adventure
15:30 Nature's Epic Journeys
16:30 Antiques Roadshow
17:15 Flog It!
18:00 Richard Osman's House of Games
18:30 Great Japanese Railway Journeys
19:00 Great British Menu
20:00 Britain's Biggest Warship
21:00 QI XL
21:45 To Think Like a Killer
22:30 Newsnight
23:00 The Haunting
00:50 The Apprentice

ITV

ITV1 HD

12:30 ITV Lunchtime News
The latest headlines from around the world at lunchtime with reports and
12:55 ITV News London
13:00 New: Celebrity Catchphrase
14:00 Dickinson's Real Deal
15:00 Deal or No Deal
16:00 Tipping Point
17:00 The Chase
18:00 ITV News London
18:15 ITV Evening News
18:30 European Qualifier: England v...
21:10 I'm a Celebrity... South Africa
22:10 ITV News
22:45 ITV News London
23:00 The Real Manhunt: The Night Stalker
00:00 Shop on TV

ITV2

11:05 The Real Housewives of New Jersey
12:00 Supermarket Sweep
13:00 I'm a Celebrity... South Africa
14:20 Catchphrase
15:05 The Only Way is Essex
16:05 The Real Housewives of
17:00 The Real Housewives of New Jersey
17:55 Catchphrase
18:40 I'm a Celebrity... South Africa
20:00 The 1% Club
21:00 TikTok: Murder Gone Viral
22:00 Family Guy
23:35 American Dad!
00:35 Bob's Burgers

Channel 4

Channel 4

11:10 Ramsay's Kitchen Nightmares USA
12:05 Channel 4 News Summary
12:10 Find It, Fix It, Flog It
13:10 Matt Baker: Travels with Mum & Dad
14:10 Countdown
15:00 A Place in the Sun
16:00 A New Life in the Sun: Where...
17:00 Chateau DIY
18:00 Jasmine Harman's Renovation in...
19:00 Channel 4 News
20:00 Our Welsh Chapel Dream
21:00 New: 24 Hours in Police Custody
22:00 New: Gordon Ramsay's Secret...
23:00 New: The Copenhagen Test

Channel 5

5

11:30 Storm & Alexis
12:45 5 News at Lunchtime
12:50 Matt Allwright
14:00 Vanessa
15:00 The Hardacres
16:00 Bargain-Loving Brits in the Sun
17:00 5 News at 5
18:00 Love Nature
18:05 Susan Calman's Grand Day Out
19:00 Does Your Child Have ADHD?
20:00 Sam & Ade Go Birding
21:00 Missed Call
22:00 Fare Dodgers: At War with the Law
23:05 Forensics: Crash Scene Investigators
A speeding car knocks
00:05 Police Code Zero: Officer Under Attack

Entertainment

Sport

Sky Max HD

11:00 The Simpsons
12:00 Whale With Steve Backshall
13:00 Hawaii Five-0
14:00 NCIS: Los Angeles
15:00 S.W.A.T.
16:00 Police 24/7
17:00 The Simpsons
18:00 The Office (US)
19:00 The Simpsons
20:00 Rob & Romesh Vs Heavy Metal
21:00 Fast & Furious 6
23:20 The 'Burbs

Sky Family

12:30 Lemony Snicket's A Series Of...
14:20 A Dog's Purpose
16:05 Paddington in Peru
18:00 The Hobbit: The Desolation Of...
20:55 Smallfoot
22:45 The Spongebob Movie: Sponge Out

Sky Documentaries

11:05 The Eighties
12:00 Quant
13:50 My Icon: Pam Cookey
14:00 Billy Joel: And So It Goes
16:45 My Icon: John Amaechi
17:00 Discovering: Michelle Yeoh
17:55 Spector
18:55 The Yogurt Shop Murders
20:00 Murder In The Valleys
22:00 Schmeichel

D&U&Dave

11:00 Rick Stein's Cornwall
Rick takes us to the place where his passion for Cornwall began - his family home at Trevoze Head on
12:00 Border Force America's Gatekeepers
14:00 Speed with Guy Martin
15:00 Top Gear
17:00 Hairy Bikers Everyday Gourmets
18:00 Rick Stein's Cornwall
Rick takes us to the place where his passion for Cornwall began - his family
19:00 Would I Lie To You?
19:40 Richard Osman's House of Games
21:00 Have I Got A Bit More News For You?
22:00 Frankie Boyle's New World Order
22:40 QI XL
23:40 Mock the Week
00:20 Would I Lie To You?

DMAX

11:00 Deadliest Catch
12:00 Cooper's Treasure
Last season, Miklos located a shipwreck tied to Christopher Columbus using Cooper's intel. Now,
13:00 Expedition Unknown
15:00 Alaska: Homestead Rescue
17:00 Outback Opal Hunters
19:00 Deadliest Catch
21:00 Harpoon Hunters
22:00 Deadliest Catch
23:00 Aussie Gold Hunters
00:00 Naked And Afraid

HGTV

11:00 The Big Bang Theory
14:00 Mike & Molly
15:30 Young Sheldon
17:00 The Big Bang Theory
21:00 New: Sister Wives
Meri digs through boxes of her wedding memorabilia
23:00 Dr. Pimple Popper

RTÉ One

11:20 Father Brown
Father Brown enlists
12:15 Keys to My Life
12:45 Telly Bingo
13:00 RTÉ News: One O'Clock
13:30 Home and Away
14:00 Shortland Street
14:30 The End Of The World With Beanz
15:00 EastEnders
15:30 Today
17:40 Nuacht RTÉ
17:55 RTÉ News with Signing
18:01 RTÉ News: Six One
19:00 Home of The Year
19:30 EastEnders
20:00 Fair City
20:30 Home Grown
21:00 RTÉ News: Nine O'Clock
21:35 Prime Time
22:15 This Town
23:25 Wolf Hall

Sport Sky Sports Mix

11:30 EFL 14/15: Swindon v Sheff Utd
11:45 EFL 14/15: Brentford v Fulham
12:00 IPL 2026 Highlights
14:00 PL Greatest Games: Man U/L'Pool '92
14:15 PL Greatest 08
14:30 PL Greatest: Man City/Man Utd 2002
14:45 PL Greatest: P'mouth/So'ton 2005
15:00 ICC T20 WC Highlights
16:00 WTA Final: Linz
Closing in on her second
17:00 IPL 2026 Highlights
18:00 PL Darts: Brighton
22:00 IPL 2026 Highlights

Movies

Sky Premiere

13:25 The Bad Guys 2
15:25 Caught Stealing (2025)
17:20 Nobody 2
19:00 Final Destination: Bloodlines
21:00 Roofman
23:15 Weapons (2025)

Sky Greats

12:35 Singin' In The Rain
14:20 See No Evil, Hear No Evil
16:05 The Wedding Singer
17:45 Terms Of Endearment
20:00 Escape to Victory
22:00 Little Women (1994)

Film4

11:00 Anne of the Thousand Days
13:55 Stagecoach
16:10 Tobruk
18:25 Battleship (2012) Sci-fi
21:00 Independence Day
23:50 Vesper










TV Guide

Wednesday 15th April 2026

BBC		ITV		Channel 4	Channel 5
BBC ONE	BBC TWO	ITV1 HD	ITV2	Channel 4	5
11:15 Homes Under the Hammer	11:15 Politics Live	12:30 ITV Lunchtime News	11:00 The Real Housewives of New Jersey	11:10 Ramsay's Kitchen Nightmares USA	11:30 Storm & Alexis
12:15 Bargain Hunt	13:00 Impossible	12:55 ITV News London	12:00 Supermarket Sweep	12:05 Channel 4 News Summary	12:45 5 News at Lunchtime
13:00 BBC News at One	13:45 The Tournament	13:00 Celebrity Catchphrase	13:00 I'm a Celebrity... South Africa	12:10 Find It, Fix It, Flog It	12:50 Matt Allwright
14:00 Shift the Thrift	14:30 Lightning	14:00 Dickinson's Real Deal	14:05 New: Celebrity Catchphrase	13:10 Matt Baker: Travels with Mum & Dad	14:00 Vanessa
14:30 Designing the Hebrides	15:00 Clive Myrie's Caribbean Adventure	15:00 Deal or No Deal	15:05 The Only Way is Essex	14:10 Countdown	15:00 Bargain-Loving Brits in the Sun
15:00 Escape to the Country	15:30 Ancient Invisible Cities	16:00 Tipping Point	16:05 The Real Housewives of Atlanta	15:00 A Place in the Sun	17:00 5 News at 5
15:45 I Made It at Market	16:30 Antiques Roadshow	17:00 The Chase	17:00 The Real Housewives of New Jersey	16:00 A New Life in the Sun: Where... <i>...Are They Now?: After finishing their gite</i>	18:00 New: Love Nature
16:30 The Finish Line	17:10 Flog It!	<i>Bradley Walsh hosts as contestants Rachel from Cardiff, Will originally from North Yorkshire, Martin</i>	18:05 The Real Housewives of Atlanta	17:00 Chateau DIY	18:05 Susan Calman's Grand Day Out
17:15 Pointless	18:00 Richard Osman's House of Games	18:00 ITV News London	18:30 ITV Evening News	18:00 Jasmine Harman's Renovation in...	19:00 Call the Bailiffs: Time to Pay Up
18:00 BBC News at Six	18:30 Great Japanese Railway Journeys	19:30 Celebrity Lingo	20:00 Emmerdale	19:00 Channel 4 News	20:00 New: Warship: Life in the Royal... <i>...Navy. Kate Humble boards warship HMS Dragon and witnesses weapons testing. And JJ</i>
18:30 BBC London	19:00 Great British Menu	20:30 Coronation Street	20:30 Coronation Street	20:00 New: Help! I Bought It at...	21:00 New: Missed Call
19:00 The One Show	20:00 Artemis: To the Moon and Back	21:00 I'm a Celebrity... South Africa	21:00 Hell's Kitchen	21:00 New: Grayson Perry Has Seen...	22:00 New: A&E After Dark
19:30 EastEnders	21:00 Michael Jackson: An American Tragedy	22:15 ITV News	22:00 Family Guy	22:00 New: Gordon Ramsay's Secret...	23:05 Ambulance: Code Red
20:00 The Repair Shop	22:00 Twenty Twenty Six	22:50 ITV News London	23:25 American Dad!	23:00 New: The Copenhagen Test	00:05 Trauma Room One <i>Fifty-year-old Theresa has been rushed in after sudden, severe neck pain</i>
21:00 Ambulance	22:30 Newsnight	<i>The latest news and</i>	00:25 Bob's Burgers		
22:00 BBC News at Ten	23:00 Miriam Margolyes Made Me Me	23:00 The Real Unforgotten			
22:30 BBC London	00:00 Nowhere Special	00:10 Shop on TV			
22:40 UEFA Champions League					
23:40 Bridge of Lies					
00:25 Blankety Blank					

Entertainment

Sport

Sky Max HD	Sky Documentaries	U&Dave	DMAX	RTÉ One	Sky Sports Mix
11:00 The Simpsons	11:05 The Eighties	11:00 Rick Stein's Cornwall	11:00 Deadliest Catch	11:10 Only Fools and Horses	11:00 Masters Round 3 Highlights
12:00 Whale With Steve Backshall	12:00 On The Line: The Richard Williams Story	12:00 Border Force America's Gatekeepers	12:00 Cooper's Treasure	11:50 Leaders' Questions	12:30 Masters Final Round Highlights
13:00 Hawaii Five-0		<i>The Border Force discover cardboard packaging that hides a deadly secret, and heroin disguised as a</i>	13:00 Expedition Unknown	13:00 RTÉ News: One O'Clock	14:00 PL
14:00 NCIS: Los Angeles	13:50 My Icon: Heather Watson	14:00 Speed with Guy Martin	15:00 Alaska: Homestead Rescue	13:30 Home and Away	14:15 PL Greatest: Bolton/Chelsea 2005
15:00 S.W.A.T.		<i>The motorbike racer and mechanic visits the USA as he hopes to win at one of America's oldest races: the</i>	17:00 Outback Opal Hunters	14:00 Shortland Street	14:30 PL Greatest Games: United v Arsenal
16:00 Police 24/7	14:00 Billy Joel: And So It Goes	15:00 Top Gear	19:00 Deadliest Catch	14:30 Fair City	<i>A look back at some great</i>
17:00 The Simpsons	16:40 My Icon: Johnny Nelson (Pt2)	17:00 Hairy Bikers Everyday Gourmets	21:00 New: Maine Cabin Masters	15:00 EastEnders	14:45 PL Greatest: Man City v QPR '12
18:00 The Office (US)	17:00 Discovering: Kevin Bacon	18:00 Rick Stein's Cornwall	22:00 New: Barnwood Builders	15:30 Today	
19:00 The Simpsons	17:55 Spector	19:00 Would I Lie To You?	23:00 Aussie Gold Hunters	17:40 Nuacht RTÉ	15:00 ICC T20 WC Highlights
20:00 Joe Lycett's United States Of		19:40 Richard Osman's House of Games	00:00 Naked And Afraid	17:55 RTÉ News with Signing	16:00 Masters Final Round Highlights
21:00 New: The 'Burbs	18:55 The Yogurt Shop Murders	21:00 QI XL	<i>A biology student and an expert survival instructor</i>	18:01 RTÉ News: Six One	17:30 S/Lge: Leeds v Warrington
22:00 James Acaster: Hecklers Welcome		22:00 Frankie Boyle's New World Order: Christmas 2018		19:00 Nationwide	20:45 My Icon: Jeanette Kwakye
23:30 Grimm	20:00 David Holmes: The Boy Who Lived	23:00 Have I Got A Bit More News For You?	11:00 The Big Bang Theory	19:30 EastEnders	21:00 ATP Monte Carlo 2026 Review
	21:45 My Icon: Tanni Grey Thompson Pt 1	00:00 Mock the Week	14:00 Mike & Molly	20:00 Donal's Real Time Recipes	22:00 IPL 2026 Highlights
	22:00 The Two Escobars	00:40 Would I Lie To You?	15:30 Young Sheldon	20:30 How to Cook Well in Morocco	
		<i>It's frankly unbelievable that</i>	17:00 The Big Bang Theory	21:00 RTÉ News: Nine O'Clock	
	<i>Pablo Escobar was the</i>		<i>Penny tries to seduce an abstaining Leonard to ruin his "donation" for her ex-boyfriend and his wife.</i>	21:35 Blue Lights	
			21:00 New: Dr Pimple Popper: Breaking...	22:35 The Great House Revival	
			23:00 Dr. Pimple Popper	23:40 Obituary	

Movies

Sky Premiere	Sky Greats	Film4
12:40 Blue Moon (2025)	12:35 Escape to Victory	11:00 Sherlock Holmes and the Secret...
14:30 Caught Stealing (2025)	14:35 Legends Of The Fall	12:25 Winchester '73
<i>When his neighbour asks</i>	16:50 Critters (1986)	14:15 A Foreign Affair
16:30 Roofman	18:20 Mad Max	<i>(1948) Billy Wilder's film</i>
18:45 Superman (2025)	20:00 Mad Max 2: The Road Warrior	16:35 Prince Valiant
21:00 Weapons (2025)	21:40 Mad Max: Beyond Thunderdome	18:40 Von Ryan's Express
23:15 One Battle After Another	23:30 Seven	21:00 Violent Night
		23:15 The Great Wall



TV Guide

Thursday 16th April 2026

BBC

BBC ONE

11:15 Homes Under the Hammer
12:15 Bargain Hunt
13:00 BBC News at One
14:00 Shift the Thrift
14:30 Designing the Hebrides
15:00 Escape to the Country
15:45 I Made It at Market
16:30 The Finish Line
17:15 Pointless
18:00 BBC News at Six
18:30 BBC London
19:00 The One Show
19:30 EastEnders
20:00 Race Across the World
21:00 The Apprentice
22:00 BBC News at Ten
22:30 BBC London
22:40 Question Time
23:40 Newscast
00:10 Weather for the Week Ahead
00:15 Joins BBC News

BBC TWO

12:15 Politics Live
13:00 Impossible
13:45 The Tournament
In the ultimate knockout quiz, eight players do battle on the Tournament Run in a series of exciting
14:30 Lightning
15:00 Clive Myrie's Caribbean Adventure
15:30 Ancient Invisible Cities
16:30 Antiques Roadshow
17:15 Flog It!
18:00 Richard Osman's House of Games
18:30 Great Japanese Railway Journeys
19:00 Great British Menu
20:00 This Farming Life
21:00 Inside Barlinnie
22:00 The Apprentice: Unfinished Business
22:30 Newsnight
23:00 McCartney: The Hunt for the Lost Bass
00:30 Great British Menu

ITV

ITV1 HD

12:30 ITV Lunchtime News
12:55 ITV News London
13:00 Celebrity Catchphrase
14:00 Dickinson's Real Deal
15:00 Deal or No Deal
16:00 Tipping Point
17:00 The Chase
18:00 ITV News London
18:30 ITV Evening News
19:30 Shoplifting: Are We Paying the...
20:00 Emmerdale
20:30 Coronation Street
21:00 New: I'm a Celebrity... South Africa
22:05 New: DMV: Department of Motor Vehicles
22:30 ITV News
23:00 ITV News London
23:20 The Late Debate
23:50 The Real Unforgotten
00:50 Shop on TV

ITV2

11:05 The Real Housewives of New Jersey
12:00 Supermarket Sweep
13:00 I'm a Celebrity... South Africa
14:20 Catchphrase
15:05 The Only Way is Essex
16:05 The Real Housewives of Atlanta
17:00 The Real Housewives of New Jersey
17:55 Catchphrase
Stephen Mulhern hosts the
18:40 I'm a Celebrity... South Africa
Decisions need to be made that may wreck the relationships in camp. Discover which way the
20:00 The 1% Club
21:00 Hell's Kitchen
22:00 Family Guy
23:35 American Dad!
00:35 Bob's Burgers

Channel 4

Channel 4

11:10 Ramsay's Kitchen Nightmares USA
12:05 Channel 4 News Summary
12:10 Find It, Fix It, Flog It
13:10 Matt Baker: Travels with Mum & Dad
14:10 Countdown
15:00 A Place in the Sun
16:00 A New Life in the Sun: Where...
17:00 Chateau DIY
Ben and Billie embark on a dramatic two-bedroom apartment makeover for a
18:00 Jasmine Harman's Renovation in...
19:00 Channel 4 News
20:00 Paul Merton: Driving Amazing Trains
21:00 New: Taskmaster
22:00 New: Big Mood
23:05 Gogglebox
Gogglebox: The Goggleboxers settle in for I'm a Celebrity... South Africa, Britain's Got Talent,
00:10 Sky Coppers

Channel 5

5

11:30 Storm & Alexis
12:45 5 News at Lunchtime
12:50 Matt Allwright
14:00 Vanessa
15:00 Bargain-Loving Brits in the Sun
Charitable Wayne and Des
17:00 5 News at 5
18:00 New: Love Nature
18:05 Susan Calman's Grand Day Out
Susan explores the gorgeous sights in and around the Lincolnshire Fens, visiting Sir Isaac
19:00 Jane McDonald in Nashville
20:00 New: Yorkshire's Poshest Hotel:...
21:00 New: Missed Call
22:00 Forensics: Murder Scene
A recycling plant in Yorkshire is the scene of a gruesome discovery when an intact human foot is
23:30 New: Murder 360
00:30 Car Pound Cops

Entertainment

Sky Max HD

11:00 The Simpsons
12:00 Whale With Steve Backshall
13:00 Hawaii Five-0
14:00 NCIS: Los Angeles
15:00 S.W.A.T.
16:00 Police 24/7
17:00 The Simpsons
18:00 The Office (US)
19:00 The Simpsons
19:30 Live S/Lge: Hull FC v St Helens
22:15 Mr Bigstuff
23:15 Grimm
11:50 Journey 2: The Mysterious Island
13:30 The Hobbit: An Unexpected Journey
16:30 Stuart Little
18:00 The Smurfs
19:50 Paddington
21:40 The Hobbit: An Unexpected Journey

Sky Documentaries

11:05 The Eighties
12:00 Wise Guy: David Chase and The
15:00 David Frost Vs
16:00 The Directors
17:00 Discovering: Ralph Fiennes
17:55 Spector
18:55 The Yogurt Shop Murders
20:00 Man On Wire
22:00 The Armstrong Lie
11:00 Rick Stein's Cornwall
12:00 Border Force America's
14:00 Speed with Guy Martin
15:00 Top Gear
17:00 Hairy Bikers Everyday Gourmets
18:00 Rick Stein's Cornwall
19:00 Would I Lie To You?
19:40 Richard Osman's House of Games
21:00 QI XL
22:00 Frankie Boyle's New World Order
22:40 Have I Got A Bit More News For You?
23:40 Mock the Week
00:20 Would I Lie To You?

U&Dave

DMAX

11:00 Deadliest Catch
As the fleet battles through an arctic storm, Junior risks everything to get back in the game, and the
12:00 Cooper's Treasure
Darrell heads to a shipwreck linked to Gordo's list. He leads his team to the shallows where the
13:00 Expedition Unknown
15:00 Alaska: Homestead Rescue
17:00 Outback Opal Hunters
19:00 Deadliest Catch
21:00 Expedition X
Horrified locals in Iowa are
22:00 Expedition Unknown
23:00 Aussie Gold Hunters
00:00 Naked And Afraid

HGTV

11:00 The Big Bang Theory
While Bernadette is away and Howard is in charge of the kids, Sheldon finds a book on experimenting on
14:00 Mike & Molly
15:30 Young Sheldon
17:00 The Big Bang Theory
21:00 xXx: Return Of Xander Cage
23:00 Dr Pimple Popper: Breaking Out

RTÉ One

11:15 Only Fools and Horses
11:50 Leaders' Questions
12:45 Telly Bingo
13:00 RTÉ News: One O'Clock
13:30 Home and Away
14:00 Shortland Street
14:30 The End Of The World With Beanz
15:00 EastEnders
15:30 Today
17:40 Nuacht RTÉ
17:55 RTÉ News with Signing
18:01 RTÉ News: Six One
19:00 High Road, Low Road
19:30 EastEnders
20:00 Fair City
20:30 Heat My Home
21:00 RTÉ News: Nine O'Clock
21:35 Prime Time
22:15 Michael D Higgins - Ireland's Ninth President
23:15 Red Eye

Sport

port Sky Sports Mix

11:00 EFL 98/99: Bolton v Watford
11:15 EFL 00/01: Bolton v Preston
11:30 EFL 02/03: Sheff Utd v Wolves
11:45 EFL 06/07: N. Forest v Yeovil
12:00 IPL 2026 Highlights
14:00 PL '00
14:15 PL 1994
14:30 PL Greatest: QPR/Liverpool 2012
14:45 Premier League Greatest Games
15:00 ICC T20 WC Highlights
16:00 Ladies European Tour Golf Hlts
17:00 Masters Final Round Highlights
18:30 WTA Final: Linz
19:30 ATP Final: Monte Carlo
20:30 Masters Final Round Highlights
22:00 IPL 2026 Highlights

Movies

Sky Premiere

12:30 Final Destination: Bloodlines
14:30 Superman (2025)
16:45 Roofman
19:00 Caught Stealing (2025)
21:00 Weapons (2025)
23:15 Roofman

Sky Greats

11:40 Raiders Of The Lost Ark
13:40 Indiana Jones And The Temple Of...
15:40 Indiana Jones And The Last Crusade
17:50 Jaws
20:00 Jaws 2
22:00 Jaws III
23:40 Pulp Fiction

Film4

11:00 3:10 to Yuma
12:50 The Tall Men
15:15 They Rode West
16:55 The Desert Fox
18:40 Deep Impact
21:00 Jennifer's Body
23:05 Dead Man's Shoes
00:50 Let Him Go

TV Guide

Friday 17th April 2026

BBC		ITV		Channel 4	Channel 5
BBC ONE	BBC TWO	ITV1 HD	ITV2	Channel 4	5
11:15 Homes Under the Hammer	13:00 Impossible	12:30 ITV Lunchtime News	11:05 The Real Housewives of New Jersey	11:10 Ramsay's Kitchen Nightmares USA	11:30 Storm & Alexis
12:15 Bargain Hunt	13:45 The Tournament	12:55 ITV News London	12:00 Supermarket Sweep	12:05 Channel 4 News Summary	12:45 5 News at Lunchtime
13:00 BBC News at One	14:30 Lightning	13:00 Celebrity Catchphrase	13:00 I'm a Celebrity... South Africa	12:10 Find It, Fix It, Flog It	12:50 Matt Allwright
14:00 Father Brown	15:00 Clive Myrie's Caribbean Adventure	14:00 Dickinson's Real Deal	14:05 New: Celebrity Catchphrase	13:10 Matt Baker: Travels with Mum & Dad	14:00 Vanessa
14:45 Escape to the Country	In Cuba's capital, Clive realises his boyhood dream of taking on a potential Olympic champion at one of	15:00 Deal or No Deal	15:05 The Only Way is Essex	14:10 Countdown	15:00 Bargain-Loving Brits in the Sun
15:45 I Made It at Market	15:30 Ancient Invisible Cities	16:00 Tipping Point	After a fiery row, Bobby	Colin Murray, Rachel Riley and Susie Dent host, with	17:00 5 News at 5
16:30 The Finish Line	16:30 Antiques Roadshow	17:00 The Chase	16:05 The Real Housewives of Atlanta	15:00 A Place in the Sun	18:00 New: Love Nature
17:15 Pointless	17:10 Flog It!	18:00 ITV News London	17:00 The Real Housewives of New Jersey	16:00 A New Life in the Sun: Where...	18:05 Susan Calman's Grand Day Out
18:00 BBC News at Six	18:00 Richard Osman's House of Games	18:30 ITV Evening News	17:55 New: Celebrity Catchphrase	17:00 Chateau DIY	19:00 Motorway Cops: Catching Britain's Speeders
18:30 BBC London	18:30 Great Japanese Railway Journeys	19:30 It'll Be Alright on the Night	18:55 I'm a Celebrity... South Africa	Ben and Billie's unfinished apartment gets hearts racing as their Valentine's Day event approaches.	PC Ed Clarke goes on a wild ride through Stoke-on-Trent pursuing a driver blasting through
19:00 The One Show	19:00 Greatest Gardens with Diarmuid Gavin and Carol Klein	20:00 Emmerdale	20:00 The 1% Club	18:00 Jasmine Harman's Renovation in...	20:00 New: Traffic Cops
19:30 Extraordinary Portraits	19:30 Beechgrove Garden	Jacob is being manipulated. Marlon supports April.	21:00 Transformers: The Last Knight	19:00 Channel 4 News	21:00 New: Missed Call
20:00 Beyond Paradise	20:00 Gardeners' World	20:30 Coronation Street	22:05 FYI Daily	19:30 New: Unreported World	With time running out, and the investigation reaching a
21:00 Have I Got News for You	In a special programme,	21:00 New: I'm a Celebrity... South Africa	22:10 Transformers: The Last Knight	20:00 Battle of the Brands	22:00 The Cancellation of Kenny Everett
21:30 The Young Offenders	21:00 Spotlight	22:05 New: The Assembly	22:05 FYI Daily	21:00 New: Gogglebox	Revealing the life and work of the pioneering comedian who was unafraid to venture into rebellious or
22:00 BBC News at Ten	22:00 Live at the Apollo	22:30 ITV News	22:10 Transformers: The Last Knight	22:00 First Dates	
22:30 BBC London	22:30 Newsnight	23:00 ITV News London	00:10 Family Guy	23:05 Channel 4 HD	23:30 New: Piers Morgan: Uncensored
22:40 The Claudia Winkleman Show	23:05 The Wicker Man	23:15 Romesh Ranganathan's Parents' Evening		00:10 Taskmaster	
23:25 The Royal Hotel	00:35 Panorama	00:10 Shop on TV			
00:50 Weather for the Week Ahead					
00:55 Joins BBC News					

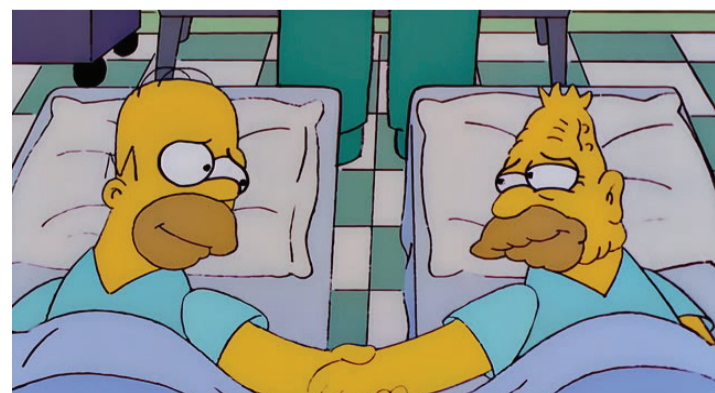
Entertainment

Sport

Sky Max HD	Sky Family	U&Dave	DMAX	RTÉ One	Sky Sports Mix
11:00 The Simpsons	12:10 Daddy Day Care	11:00 Rick Stein's Cornwall	11:00 Deadliest Catch	11:20 Diagnosis Murder	11:00 EFL 16/17: Ipswich v Sheff Weds
12:00 Predators	13:45 The Hobbit: The Battle Of The Five	12:00 Border Force America's Gatekeepers	12:00 Cooper's Treasure	12:15 Keys to My Life	11:15 S/Lge: Hull FC v St Helens
13:00 Hawaii Five-0	16:10 The Smurfs	14:00 Speed with Guy Martin	13:00 Expedition Unknown	12:45 Telly Bingo	14:00 PL Greatest: Man City/Man Utd '13
14:00 NCIS: Los Angeles	18:00 The Smurfs 2	15:00 Top Gear	15:00 Alaska: Homestead Rescue	13:00 RTÉ News: One O'Clock	14:15 PL Greatest Games: Man U/L'Pool
15:00 S.W.A.T.	19:50 Wallace & Gromit: The Curse...	17:00 Hairy Bikers Everyday Gourmets	17:00 Outback Opal Hunters	13:30 Home and Away	14:30 PL Greatest : Chelsea/Man Utd 2016
16:00 Police 24/7	21:20 Daddy Day Care	18:00 Rick Stein's Cornwall	19:00 Deadliest Catch	14:00 Shortland Street	14:45 PL Greatest Games: Liv v Man City
17:00 The Simpsons	22:55 Paddington 2	19:00 Would I Lie To You?	21:00 Cops UK: Bodycam Squad	14:30 Fair City	15:00 ICC T20 WC Highlights
18:00 The Office (US)	Sky Documentaries	Rob Brydon hosts the show in which celebs tell tall tales - and a few true stories - about themselves. With	22:00 Street Cops UK	15:00 EastEnders	16:00 S/Lge: Hull FC v St Helens
19:00 The Simpsons	11:00 The Eighties	19:40 Richard Osman's House of Games	23:00 Aussie Gold Hunters	15:30 Today	18:45 My Icon: Moeen Ali
20:00 An Idiot Abroad	12:00 Paul Simon: In Restless Dreams	21:00 QI XL	00:00 Naked And Afraid	17:40 Nuacht RTÉ	18:55 Live: Netball Super League
21:00 Never Mind The Buzzcocks	16:10 George Stevens: The Directors	22:00 Frankie Boyle's New World Order	HGTV	17:55 RTÉ News with Signing	20:30 My Icon: Leon McKenzie
22:00 Katherine Ryan: First Born Daughter	17:05 Discovering: Octavia Spencer	Frankie is joined by Sara Pascoe and Richard	11:00 The Big Bang Theory	18:01 RTÉ News: Six One	20:45 My Icon: Ebony Rainford-Brent
23:30 Intelligence	18:00 After The Bite	22:40 Have I Got A Bit More News For You?	14:00 Mike & Molly	19:00 Nationwide	21:00 IPL 2026 Highlights
	19:45 My Icon: Thierry Henry	23:40 Mock the Week	15:30 Young Sheldon	19:30 Fair City	
	20:00 God Bless Ozzy Osbourne	00:20 Would I Lie To You?	17:00 The Big Bang Theory	20:00 Imelda May - Amhráin na nGael	
	22:00 The Essex Murders: Who Killed.		21:00 New: 90 Day Fiancé: Before The 90 Days	20:30 Tracks and Trails	
			23:00 New: 90 Day: The Single Life	21:00 RTÉ News: Nine O'Clock	
			00:00 Dr. Pimple Popper	21:35 The Late Late Show	
				23:10 The Young Offenders	
				23:45 A Room With A View	

Movies

Sky Premiere	Sky Greats	Film4
12:15 Final Destination: Bloodlines	12:00 Jaws	11:00 Jubal
14:15 Blue Moon (2025)	Police chief Roy Scheider	13:05 Anzio
16:05 Flavia	14:10 Jaws 2	15:20 Broken Arrow
17:45 Roofman	16:10 Jaws III	17:10 The Son of Robin Hood
20:00 A Big Bold Beautiful Journey	17:50 The Mummy (1999)	18:50 The Eagle
22:00 Pillion	20:00 Batman	21:00 Knock at the Cabin
A directionless man is	22:10 Batman Returns	22:55 Mission: Impossible - Ghost...



TV Guide

Saturday 18th April 2026

BBC		ITV		Channel 4	Channel 5
BBC ONE	BBC TWO	ITV1 HD	ITV2	Channel 4	5
11:30 Homes Under the Hammer	13:00 Women's Six Nations Rugby Coverage from the second round of the 2026 Women's Six Nations as Scotland play England.	12:00 Raymond Blanc's Royal Kitchen Gardens	11:00 Deal or No Deal Celebrity Special	11:10 The Simpsons	11:10 Ben Fogle: New Lives in The Wild
12:00 Football Focus		12:30 ITV News	13:05 Wheel of Fortune	11:40 Four in a Bed The competition begins at Cedarwood Holidays in Cornwall, where Kirstie and Joe's pristine glamping	12:05 Dogs Behaving (Very) Badly
12:45 BBC Weekend News		12:45 ITV Racing Live: Scottish Grand National	14:05 Britain's Got Talent The auditions continue as further acts take to the stage with performances to impress the crowd and	14:15 Location, Location, Location We catch up with Alistair and Candice, whose budget and expectations didn't quite match in Swindon.	14:05 Catching Up with the Royals with Rev Richard Coles & Emily Andrews
12:55 BBC Weather	17:45 Flog It! Flog It! comes from Ragley Hall in Warwickshire, a beautiful 17th-century Palladian house owned by	16:00 Tipping Point: Best Ever Finals	15:25 New: Celebrity Catchphrase	15:15 Kirstie and Phil's Love It or...	15:00 Matilda
13:00 Bargain Hunt		16:30 The Chase	16:25 Kung Fu Panda	16:20 Your Song	16:05 Entertainment News on 5
14:00 Snooker: World Championship	18:35 Elizabeth: The Unseen Queen The story of Queen Elizabeth II in her own words, featuring never-before-seen home	17:30 ITV Evening News	17:25 FYI Daily	17:20 The Great Celebrity Bake Off for SU2C	16:10 Matilda Blackly comic children's drama starring Danny DeVito and Rhea Perlman,
16:30 Final Score		17:45 ITV News London	17:30 Kung Fu Panda	18:30 Channel 4 News Channel 4's flagship news programme. Including the weather. [S]	17:00 5 News Weekend
17:20 BBC Weekend News	19:50 Inside Britain's National Parks Steeped in myth and	18:00 Celebrity Catchphrase	18:15 Liar Liar	19:00 New: Secret Africa: Into the Wild	17:05 Reuben Owen: Life in The Dales
17:30 BBC London		19:00 New: Britain's Got Talent	19:20 FYI Daily	20:00 New: World's Most Secret Hotels	19:00 Elizabeth II: The Unseen Photos
17:35 BBC Weather	20:45 Black British Music at the BBC: Volume 1	20:00 Celebrity Sabotage	19:25 Liar Liar Broad slapstick comedy. Fletcher Reade is the fastest, loudest, and brashest lawyer in town -	21:00 Plane	20:30 Philip & the Queen: A Royal Fairytale
17:40 Bridge of Lies		21:00 The 1% Club	20:00 Minority Report	23:10 Commando	22:00 Those Were The Days
18:25 Blankety Blank	23:15 Glastonbury In June 2019, Stormzy delivered one of the all-time iconic headline performances on	22:00 The Murder Line	21:00 FYI Daily	00:50 Taskmaster	00:05 Noel Edmonds: The Rise & Fall of Mr Saturday Night
18:25 Michael McIntyre's Big Show		22:50 ITV News National and international news with reports and analysis from ITV's	22:50 Family Guy Anarchic animated sitcom about a dysfunctional family		
20:00 The Weakest Link	00:30 Snooker: World Championship	23:10 The Murder Line	00:15 American Dad!		
20:45 Casualty		00:05 English Football League Highlights			
21:35 Not Going Out					
22:05 BBC Weekend News					
22:20 BBC Weather					
22:25 Match of the Day					
23:45 The Football Interview					
00:00 Planet of the Apes					

Entertainment

Sport

Movies

Sky Max HD	Sky Documentaries	DMAX	RTÉ One	Sky Sports Mix	Sky Premiere
11:00 The Simpsons	11:00 All That Breathes	11:00 Outback Opal Hunters	11:55 Young MasterChef	11:30 IPL 2026 Highlights	11:50 A Big Bold Beautiful Journey
12:00 Gillette Soccer Saturday: Build-Up	13:00 On The Line: The Richard Williams Story	13:00 Gem Hunters Down Under	13:05 RTÉ News: One O'Clock	12:30 Live Ladies European Tour Golf	13:45 Final Destination: Bloodlines
15:00 Gillette Soccer Sat: Live Scores	14:50 My Icon: Heather Watson	16:00 Aussie Gold Hunters	13:15 Cheap European Homes	16:00 ICC T20 WC Highlights	15:45 Superman (2025)
17:00 The Simpsons	15:00 Dogtown And Z-Boys	19:00 Extreme Cheapskates	14:15 The Money List	17:30 EFL 21/22: Blackburn v Fulham	18:00 A Big Bold Beautiful Journey
19:00 Agatha Raisin	16:50 My Icon: Shaun Gayle	21:00 New: Paranormal Caught On Camera Ghosts flock to a quaint coastal farmhouse, a pastor's sermon is interrupted by the Devil	15:15 Amazing Hotels: Life Beyond The Lobby	17:45 EFL 06/07: N. Forest v Yeovil	20:00 Roofman
21:00 Indiana Jones And The Kingdom of the Crystal Skull	17:00 Hitsville: The Making Of Motown	22:00 New: Kindred Spirits Amy, Adam and Chip investigate the Sterling Hill Mines in New Jersey. Rumours suggest a dark	16:15 Realtaí Na Gaeltachta	18:00 EFL 08/09: Cardiff v Swansea	22:15 Pillion
23:15 Ricky Gervais - Politics	19:10 I Am Heath Ledger	00:00 Body Bizarre: The Boy Whose Eye ...Falls Out. Sulaiman	16:45 The Great House Revival	18:15 EFL 08/09: Millwall v Scunthorpe	Sky Greats
Sky Family	21:00 The Essex Murders: Who Killed Goldfinger	HGTV	17:45 Nuacht RTÉ	20:00 WTA Final: Miami	11:55 Rumble In The Bronx
11:55 Paddington in Peru	The Curse of Brink-Mat:	11:00 The Big Bang Theory	17:55 RTÉ News with Signing	21:00 Masters Final Round Highlights	13:30 The Mummy (1999)
13:55 Stardust		21:00 New: Boy Band Confidential: A...	18:01 RTÉ News: Six One	22:30 ATP Monte Carlo 2026 Review	15:40 Batman
16:15 Smurfs (2025)		23:00 People Magazine Investigates...	18:35 Johnny English Strikes Again		17:50 Batman Returns
18:00 Hook		00:00 Young Sheldon	20:10 Pat Shortt's Entertainment From		20:00 Batman Forever
20:25 The Boss Baby			20:45 RTÉ News: Nine O'Clock The latest national and		22:05 Batman & Robin
22:05 Shark Tale			21:15 The Tommy Tiernan Show		Film4
23:40 Spider-Man: Into The Spider-Verse			22:35 The Young Offenders		11:00 Dad's Army
			23:10 The 2 Johnnies Late Night Lock In		13:05 Tora! Tora! Tora!
					15:55 Annie
					18:15 Battleship
					20:50 Last Night in Soho Interview...
					21:00 Anna
					23:20 Last Night in Soho



TV Guide

Sunday 19th April 2026

BBC		ITV		Channel 4	Channel 5
BBC ONE	BBC TWO	ITV1 HD	ITV2	Channel 4	5
11:30 Homes Under the Hammer	12:45 Andi Oliver's Fabulous Feasts Andi Oliver heads to Cornwall to help local chef Ben Quinn put on an epic feast to thank NHS staff at	11:25 Josie's Taste Of The Westcountry	11:20 Deal or No Deal Celebrity Special	13:00 The Simpsons	11:50 Jane McDonald's Weekends Away
12:30 Bargain Hunt		12:25 Fletchers' Family Farm	13:25 Britain's Got Talent	14:30 George Clarke's Amazing Spaces	12:50 Jumanji
13:00 BBC Weekend News		13:25 ITV News	14:30 New: Britain's Got Talent: Unseen	15:35 Sailing the Shipping Forecast...	13:50 Entertainment News on 5
13:10 Weather for the Week Ahead	13:45 The Best Dishes Ever	13:35 Love Your Garden	14:55 Celebrity Sabotage	16:40 Our Tiny Islands	13:55 Jumanji
13:15 Songs of Praise	14:15 Snooker: World Championship Coverage of day 2 of the World Snooker Championship at the Crucible Theatre, Sheffield.	14:05 Jurassic Park: The Lost World	15:55 Celebrity Catchphrase	17:40 Devon and Cornwall	14:55 The Firm
13:50 Escape to the Country	18:00 Flog It! This episode contains a collection of interesting and previously unseen finds from the show's travels	16:35 Tipping Point: Lucky Stars	16:55 Wonder Woman 1984	18:10 Channel 4 News	15:55 Entertainment News on 5
14:35 Garden Rescue	19:00 Artemis: To the Moon and Back	17:35 The Chase Celebrity Special	17:55 FYI Daily	18:40 Inside the World's Most...	16:00 The Firm
15:05 Despicable Me	20:00 This Farming Life	18:30 ITV Evening News	18:00 Wonder Woman 1984 Action-adventure fantasy sequel. It's 1984 and Princess Diana of	...Luxurious Yachts: A voyage behind the scenes of the status-symbol superyachts belonging to	18:00 Aldi vs Lidl: Which Tastes Better?
16:35 Secret Garden	21:00 Forensics: The Real CSI	18:50 ITV News London	20:00 Pitch Perfect Latest news from the world of entertainment.	19:40 The Great Celebrity Bake Off...	18:55 5 News Weekend
17:35 BBC Weekend News	22:00 The King's Speech	19:00 Emmerdale	21:00 FYI Daily Anarchic animated sitcom about a dysfunctional family in a wacky Rhode Island town. When Peter locates	21:00 New: Your Song	19:00 Inside Britain's Poshest Bakery
17:50 BBC London	23:50 Snooker: World Championship Highlights from the second day of the World Snooker Championship in Sheffield.	19:30 Coronation Street	22:15 Family Guy Anarchic animated sitcom about a dysfunctional family in a wacky Rhode Island town. When Peter locates	22:00 Gogglebox	20:00 Rich Holiday, Poor Holiday
17:55 BBC Weather		20:00 Grace	23:35 American Dad!	23:00 First Dates A hair stylist meets a nutritionist with a bit of swag. A conspiracy theorist is matched with a science	21:00 Rich House, Poor House
18:00 Countryfile		22:00 ITV News National and international news with reports and analysis from ITV's Correspondents in the UK	00:00 Shop on TV Teleshopping. [HD]	00:00 Gordon Ramsay's Secret Service Parthenon: Gordon Ramsay infiltrates struggling restaurants with the help of a secret insider.	22:30 My Wife, My Abuser: The Secret Footage The shocking secret footage of how Richard
19:00 Secret Garden		22:15 The Murder Line			23:50 Police 999: Night Shift
20:00 Antiques Roadshow		23:05 It'll Be Alright on the Night			00:50 Entertainment News on 5
21:00 Queen Elizabeth II: Her Story, Our		00:00 Shop on TV Teleshopping. [HD]			
22:00 BBC Weekend News					
22:25 BBC London					
22:30 Match of the Day					
23:45 The Claudia Winkleman Show					
00:30 Ambulance					

Entertainment

Sport

Sky Max HD	Sky Documentaries	U&Dave	DMAX	RTÉ One	Sky Sports Mix
11:00 David Attenborough's Conquest of the Skies	11:10 Love Means Zero	11:00 Caribbean with Simon Reeve Simon begins his journey on the island of Hispaniola and its two very different countries of the Dominican	11:00 Garage Rehab Richard Rawlings is off to scope out Blue Ribbon Automotive. He has 6 days to rehab the shop and help	11:00 Sunday Worship	11:00 PL Greatest Games: Wolves/WBA '12
14:00 FILM: The Secret Garden	13:00 Pantani	13:00 Mortimer & Whitehouse: Gone Fishing Paul and Bob visit the dazzling and extraordinary	14:00 Kindig Customs	12:00 The Week In Politics	11:15 PL Greatest Games: Stoke/L'Pool '15
16:00 The Simpsons	15:00 Hill	15:00 Hairy Bikers Everyday Gourmets	17:00 Chasing Classic Cars	13:10 Home of The Year	11:30 Live Ladies European Tour Golf
18:00 Agatha Raisin	16:50 My Icon: Leon Pryce	17:00 Caribbean with Simon Reeve	19:00 Expedition Bigfoot	13:40 The Hardacres	15:00 S/Lge: Huddersfield v Leeds
20:00 Rob & Romesh Vs UFC	17:00 Williams & Mansell: Red 5	19:00 Special Ops: To Catch A Criminal	21:00 Ancient Unexplained Files	14:35 Ireland's Hidden Treasures	17:45 My Icon: Solomon Wilcots
21:00 Fast & Furious 6	18:50 My Icon: Linford Christie	21:00 Have I Got A Bit More News For You?	23:00 Expedition X	15:35 Always	18:00 Live Indycar Series: Warm Up
23:20 Brassic	19:00 David Holmes: The Boy Who Lived	22:00 QI Radioactive: Joe Lycett, Shazia Mirza and Josh Widdicombe tune in for a bit of 'radio' activity. [S]	11:00 The Big Bang Theory Kripke has proof that Dr. Pemberton plagiarized his thesis, and Sheldon and Amy aren't sure whether	17:40 Nuacht RTÉ	19:00 IPL 2026 Highlights
	20:45 My Icon: Tanni Grey Thompson Pt 1	22:40 Mock the Week	20:00 New: Georgie & Mandy's First...	17:50 RTÉ News with Signing	22:00 Darts Gold: Painter v Van der Voort
	21:00 2000 Meters To Andriivka	00:00 Live at the Apollo	21:00 New: Zero Stars	18:01 RTÉ News: Six One	22:15 Darts Gold: Van Gerwen v Lewis
	23:10 Flight 149: Hostage Of War		22:00 The Mexican	18:30 Cheap European Homes	
			00:30 Zero Stars Roisin and Sara explore Bergen and Voss on a budget, dining at a	19:30 The Money List	
				20:30 Fair City	
				21:00 RTÉ News: Nine O'Clock	
				21:30 The Great House Revival	
				22:30 Leonard and Hungry Paul	
				23:05 The Week In Politics	

Movies

Sky Premiere	Sky Greats	Film4
12:45 One Battle After Another	12:10 Batman Forever	11:00 Local Hero (1983) Comedy starring
15:35 Roofman	14:20 Ghostbusters (1984)	13:20 Cleopatra
17:50 Superman (2025)	16:10 Ghostbusters 2	18:10 Independence Day (1996) Blockbusting landmark sci-fi action-thriller starring Will Smith and Jeff Goldblum. A
	18:00 Dumb & Dumber	21:00 Memory
20:00 A Big Bold Beautiful Journey	20:00 Planes, Trains & Automobiles	23:15 Violent Night
22:00 Weapons (2025)	22:00 This Is Spinal Tap	
	23:40 Interview With The Vampire	



TV Guide

Monday 20th April 2026

BBC

BBC ONE

11:15 Homes Under the Hammer
 12:15 Bargain Hunt
 13:00 BBC News at One including BBC...
 14:00 Shift the Thrift
 14:30 Designing the Hebrides
 15:00 Escape to the Country
 15:45 I Made It at Market
 16:30 The Finish Line
 17:15 New: Pointless
 18:00 BBC News
 18:30 BBC London News
 18:55 Party Election Broadcast by the...
 19:00 The One Show
 19:30 EastEnders
 20:00 Panorama
 20:30 What Happened at Chernobyl
 21:00 Mint
 22:00 BBC News and Weather
 22:30 BBC London News
 22:40 Have I Got News for You
 23:10 Thirteen Lives

BBC TWO

12:45 Talking Snooker
 1/2. Alistair McGowan takes a trip through the BBC archives to look at the lives and careers of Alex
 13:30 Politics Live
 14:15 Snooker: World Championship
 18:00 Richard Osman's House of Games
 18:30 Great Japanese Railway Journeys
 6/15. Michael is in
 19:00 Global Eye
 19:30 Mastermind Final
 20:30 University Challenge Final
 21:00 Great British Menu: The Finals
 22:00 Charmain and the Prophet
 2/3. Reporter Myles Bonnar travels to Ghana to look into Charmain's death. Contains some scenes
 22:30 Newsnight, followed by Weather
 23:05 Michael Jackson: An American...
 00:05 Snooker: World Championship Extra

ITV

ITV1 HD

12:30 ITV Lunchtime News
 12:55 ITV News London
 13:00 Celebrity Catchphrase
 14:00 Dickinson's Real Deal
 15:00 Lingo
 16:00 Tipping Point
 17:00 The Chase
 When four people who have never met before - Tony from Newcastle, Linda from Penrith, Roger from
 18:00 ITV News London
 18:25 Party Election Broadcast: Green Party
 18:30 ITV Evening News
 19:30 New: How to Clean Up for Cash
 20:00 Emmerdale
 20:30 Coronation Street
 The story of everyday life in
 21:00 New: I'm a Celebrity... South Africa
 22:15 ITV News
 22:50 ITV News London
 23:00 The Murder Line
 00:00 Shop on TV

ITV2

11:05 The Real Housewives of New Jersey
 12:00 Ant & Dec's Limitless Win
 Ant and Dec host the quiz that gives contestants a chance to win the biggest
 13:00 I'm a Celebrity... South Africa
 14:05 New: Celebrity Catchphrase
 15:05 The Only Way is Essex
 16:05 The Real Housewives of Atlanta
 17:00 The Real Housewives of New Jersey
 18:00 New: Celebrity Catchphrase
 19:00 I'm a Celebrity... South Africa
 20:00 The 1% Club
 21:00 TikTok: Murder Gone Viral
 22:00 Family Guy
 23:30 American Dad!
 00:35 Bob's Burgers

Channel 4

Channel 4

11:10 Ramsay's Kitchen Nightmares USA
 12:05 Channel 4 News Summary
 12:10 Find It, Fix It, Flog It
 13:10 Matt Baker: Travels with Mum & Dad
 The Bakers bring Bowes Museum's marvellous mechanical swan back to
 14:10 Countdown
 15:00 A Place in the Sun
 16:00 A New Life in the Sun: Where...
 17:00 Chateau DIY
 18:00 New: Sun, Sea and Selling Houses
 19:00 Channel 4 News
 Channel 4's flagship news programme. Including the weather. [S]
 20:00 The Dog House
 21:00 New: Suez: 24 Hours That Broke...
 22:00 New: Chernobyl: Days That...
 00:05 Celebrity Gogglebox
 This time the celebs watch Squid Game, Glastonbury, Open House: The Great Sex Experiment, Celebrity

Channel 5

5

11:30 Storm & Alexis
 12:45 5 News at Lunchtime
 12:50 Matt Allwright
 14:00 Vanessa
 15:00 Castle
 16:50 Love Nature
 A story of nature helping itself in the context of climate change, with cattle rather than humans
 17:00 5 News at 5
 18:00 Love Nature
 18:05 Susan Calman's Grand Day Out
 19:00 Police Interceptors
 Interceptors Gav and Neil pursue a pair of vehicles believed to have been involved in a raid on a car
 20:00 Motorway Cops: Catching Britain's Speeders
 21:00 Dan Snow's Great Egyptian Adventure
 22:00 Police 999: Night Shift
 Roads policing officer PC Merchant pursues a stolen car that is being driven
 23:05 Traffic Cops
 00:05 Police Interceptors

Entertainment

Sky Max HD

11:00 The Simpsons
 12:00 Predators
 13:00 Hawaii Five-0
 14:00 NCIS: Los Angeles
 15:00 S.W.A.T.
 16:00 Police 24/7
 17:00 The Simpsons
 18:00 The Office (US)
 19:00 The Simpsons
 20:00 UFO
 21:00 Andor
 22:00 New: Rooster
 22:40 New: Last Week Tonight with John Oliver
 23:25 Grimm

Sky Family

11:00 Madagascar: Escape 2 Africa
 12:40 The Secret Life of Pets
 14:20 The Secret Life of Pets 2
 16:00 Lemony Snicket's A Series Of...
 18:00 Teenage Mutant Ninja Turtles
 19:55 Cats & Dogs
 21:35 The Hobbit: The Desolation Of...

Sky Documentaries

11:00 The Eighties
 12:00 Say Hey, Willie Mays!
 14:00 All That Breathes
 16:00 John Frankenheimer: The Directors
 17:00 Discovering: Fredric March
 17:55 The Comedy Store
 19:00 Dart Kings
 20:00 The Girl Who Caught A Killer
 22:30 Outcry

U&Dave

11:00 Rick Stein's Cornwall
 At Golitha Falls - where the River Fowey tumbles down to the sea - Rick meets Dawn French, who has
 12:00 Special Ops: To Catch A Criminal
 14:00 The Boat That Guy Built
 15:00 Top Gear
 17:00 The Hairy Bikers: Mums Know Best
 18:00 Rick Stein's Cornwall
 19:00 Would I Lie To You?
 Rob Brydon welcomes more wily guests to the deceptive comedy panel show. Joining captains
 19:40 Richard Osman's House of Games
 21:00 Have I Got A Bit More News For You?
 22:00 Frankie Boyle's New World Order
 22:40 QI XL
 23:40 Mock the Week
 00:20 Would I Lie To You?
 Regular team captains David Mitchell and Lee Mack are joined by

DMAX

11:00 Deadliest Catch
 12:00 The Alaska Triangle
 13:00 Expedition Unknown
 15:00 Alaska: Homestead Rescue
 17:00 Outback Opal Hunters
 19:00 Deadliest Catch
 21:00 Crikey! It's the Irwins
 22:00 The Zoo
 A popular sea lion falls ill after ingesting a foreign object. Endangered snakes are coupled for breeding,
 23:00 Aussie Gold Hunters
 00:00 Naked And Afraid
 HGTV
 11:00 The Big Bang Theory
 14:00 Mike & Molly
 15:30 Young Sheldon
 17:00 The Big Bang Theory
 21:00 Mock The Week
 22:00 Zero Stars
 Roisin and Sara explore Bergen and Voss on a budget, dining at a
 23:00 Dr. Pimple Popper

RTÉ One

11:35 Diagnosis Murder
 12:30 Keys to My Life
 13:00 RTÉ News: One O'Clock
 13:30 Home and Away
 14:00 Shortland Street
 14:30 Fair City
 15:30 Today
 17:40 Nuacht RTÉ
 17:55 RTÉ News with Signing
 18:01 RTÉ News: Six One
 19:00 Nationwide
 19:30 EastEnders
 20:00 10 Things To Know About
 20:30 Scannal!
 21:00 RTÉ News: Nine O'Clock
 21:35 Young Forever: The Death of Aging?
 22:35 Trackers: The People v The Banks
 23:40 The Late Late Show

Sport

port Sky Sports Mix

11:00 ATP Monte Carlo 2026 Review
 12:00 IPL 2026 Highlights
 14:00 PL Greatest Games: Man U/Chelsea'00
 14:15 PL 2001
 14:30 PL Greatest: Man City/Fulham 2008
 14:45 PL 1997
 15:00 ICC T20 WC Highlights
 15:30 Masters Final Round Highlights
 17:00 Live: Baller League
 23:00 IPL 2026 Highlights

Movies

Sky Premiere

12:35 Roofman
 14:50 One Battle After Another
 When their enemy
 17:45 Superman (2025)

Sky Greats

11:20 Ghostbusters (1984)
 13:10 Ghostbusters 2
 15:00 Groundhog Day
 16:45 The Golden Child
 18:20 Police Academy

Film4

11:00 The Lady Eve
 12:55 Sherlock Holmes and the Secret...
 14:15 Tobruk
 16:30 Stagecoach



Your flight rights explained as fuel crisis triggers cancellations in Spain

The fallout from the Middle East conflict is starting to affect flights that have nothing to do with the war itself. While cancellations to destinations in the region were expected given the closed or restricted airspace involved, rising fuel prices are now prompting airlines to axe routes between entirely unrelated destinations too.

Spanish airline Volotea has already cancelled a series of flights up to the last week of April across France, Italy and Spain, blaming "geopolitical instability" and short-term fuel price increases.

Among the affected routes are several flights from Asturias to the Canary Islands and Mallorca in April. It's unlikely to be the last airline to take this kind of action as the summer season approaches.

If your flight has been cancelled or you're worried it might be, here's what you're entitled to under EU rules.

What rights do I have?

EU Regulation 261/2004 sets out clear protections for passengers

in the event of a cancellation, regardless of the reason given by the airline. These cover two main areas:

Refund or alternative transport: You must be offered a full refund of your ticket at the price you paid, plus a return flight to your original departure point if relevant. Alternatively, the airline must offer you comparable transport to your destination either as soon as possible or at a later date that suits you.

Right to care: While you wait, the airline must provide free meals and drinks appropriate to the length of the delay, plus two phone calls, emails or faxes. If your replacement flight isn't until the following day, the airline must also cover hotel accommodation and transport between the hotel and the airport.

Can I claim compensation?

Possibly, but not always. You're entitled to financial compensation from the airline unless one of the following applies:

You were told about the cancel-

lation at least two weeks before departure.

You were told between two weeks and seven days before departure and were offered an alternative flight departing no more than two hours earlier and arriving no more than four hours later than originally scheduled.

You were told less than seven days before departure and were offered a flight departing no more than one hour earlier and arriving no more than two hours later.

The airline can demonstrate the cancellation was caused by extraordinary circumstances that couldn't have been avoided even with all reasonable precautions taken.

Whether rising fuel costs count as extraordinary circumstances is likely to be contested, so it's worth pushing back if an airline tries to use this as a reason to avoid paying compensation.

Practical tips

The European Consumer Centre in

Spain has reminded passengers that their basic rights remain fully in force regardless of the global situation, and has offered a few practical recommendations worth keeping in mind:

If the airline fails to provide assistance it's obliged to offer, keep all receipts for expenses such as accommodation, food and transport so you can claim them back later.

Check the small print on any travel insurance policy you hold, as some insurers exclude cover for events connected to armed conflicts.

Contact your country's embassy or consulate if you need up-to-date travel guidance or emergency assistance relating to your destination.



Mistakes senior travellers make when flying

Travel in later life can be deeply rewarding—more time, more freedom, and often more comfort. Yet seasoned travellers can fall into habits that make flying more stressful than it needs to be. From outdated assumptions to small oversights, here are some of the most common mistakes older passengers make—and how to avoid them.

One frequent mistake is underestimating how much air travel has changed. Airlines now rely heavily on digital systems, from boarding passes to gate updates. Travellers who arrive without checking in online or downloading their boarding pass may face unnecessary delays. Printing documents is still an option, but having a smartphone backup can save time and stress.

Another issue is allowing too little time at the airport. While experience can breed confidence, modern airports are larger and security procedures more complex than they once were. Rushing through terminals increases anxiety and raises the risk of missed flights. Arriving early provides time to move at a comfortable pace, especially for those who may need assistance.

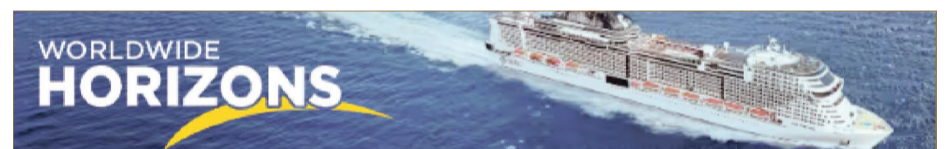
Packing can also present challenges. Older travellers sometimes stick to habits formed years ago, such as bringing oversized luggage or carrying items that

are now restricted. Liquids, medications, and mobility aids all have specific rules. Failing to check these in advance can lead to hold-ups at security checkpoints.

Health considerations are another key factor. Long flights can increase the risk of dehydration, stiffness, and circulation issues. Some travellers forget to stay hydrated, stretch regularly, or bring essential medication in their carry-on. Wearing compression socks or choosing an aisle seat for easier movement can make a noticeable difference.

Technology can also be a barrier. Self-service kiosks, app-based boarding, and automated passport controls are now standard in many airports. Avoiding these tools entirely can slow the journey. A little preparation—such as learning how to use airline apps—can streamline the process.

Finally, many older travellers overlook the benefits of requesting assistance. Airports offer services such as wheelchair support and priority boarding, but these must often be booked in advance.



NCL CRUISE

Barcelona to Lisbon
Palma, Valencia, Motril,
Gibraltar, Seville, Portimao,
Lisbon Balcony Cabin,
All Inclusive
Incl. 2 nights Lisbon
& flight to Alicante
From 1948€ pp
Dep 1st June 2026



VIRGIN VALIENT LADY

Barcelona to Palma,
Valencia, Cannes, Ibiza
Overnight & Barcelona
Full Board,
Interior Cabin
From 870€ pp
Dep 14th June



ROYAL CARIBBEAN

Barcelona to Palma,
Provence, La Spezia,
Rome, Naples
& Barcelona
From 999€ pp
Dep 7th June 2026



CELEBRITY CRUISES

Direct flight Alicante
4 nights B&B Athens
Cruise All Inclusive
Exterior Cabin, 7 nights to
Santorini, Rhodes,
Ephesus, Mykonos,
Thessaloniki & Athens
From 2199€ pp
Dep 11th June 2026



SHARM EL SHEIK

Direct flight Madrid
Transfer & 7 nights
4* All Inclusive
Barceló Tiran Sharm
From 975€ pp
Jun - Sept 2026



CARIBBEAN WITH CELEBRITY

Flights from Madrid
Transfers, Overnight Hotel
9 nights Balcony Cabin
Fort Lauderdale
to Antigua, St Lucia,
St Kitts & St Thomas
Incl drinks & tips
From 3177€ pp
Dep Jan - Feb 2027



TENERIFE HALF BOARD

Direct flight Alicante
Transfers & 11 nights
GF Fañabe 4* Hotel
From 1380€ pp
Dep 16th June 2026



ALICANTE CRUISE

10 nights Spa Balcony
inc Premium Drinks,
Tips & Taxes
Alicante, Mahón,
Olbia, Génova
Marseille, Málaga,
Cádiz,
Lisbon & Alicante
From 2819€ pp
Dep 18th August 2026

English &
Spanish
speaking

689 140 360
623 609 399

966 761 492
966 844 484

travel@whtravel.es

All offers subject to availability and reconfirmation at the time of booking



Legal leftovers and ugly food

Spanish bars, restaurants, and supermarkets will face new obligations aimed at reducing food waste, following the publication of the Law on the Prevention of Food Loss and Waste in the Official State Gazette. The law, confirmed by sources from the Ministry of Agriculture, Fisheries and Food, introduces measures ranging from mandatory food donation to consumer-friendly takeaway options.

Under the legislation, establishments larger than 1,300 square metres must implement food waste prevention plans and establish agreements to donate surplus products to non-profit

organisations, food banks, and social initiatives. The law sets a clear hierarchy for handling food that cannot be sold: first, it should be donated; second, redistributed for human consumption; then used for animal feed or industrial by-products; and, as a last resort, recycled for compost, digestate, or energy recovery through biogas or fuel production. Micro-enterprises (fewer than 10 employees) and small farms (under 50 workers) are exempt from these obligations.

Bars and restaurants are required to allow customers to take home uneaten food at no extra charge,

with exceptions for all-you-can-eat services where portions are unlimited. Establishments must display this option clearly, preferably on menus, and provide packaging that is safe for food use and either reusable or recyclable.

The law also includes provisions for the traceable donation of food. Non-profit organisations and food distribution entities must track the receipt and delivery of donated products, maintain hygiene standards, ensure equitable distribution without discrimination, and allocate donations to vulnerable populations.

Retailers are encouraged to sell imperfect, "ugly," or cosmetically flawed products, as well as seasonal, local, and organic items. Products nearing their best-before date are also promoted for sale in line with the law's usage hierarchy.

The legislation responds to a significant problem: around 20% of food in Spain is wasted each year, with 40% of that occurring at retail or household levels. In 2020, Spanish households discarded approximately 1.4 billion kilos of food, an average of 31 kilos per person, valued at around €250 per year.

These measures align with the European Union's goal of halving food waste by consumers and industry by 2030 and the United Nations' target to reduce global food waste, estimated at 900 million tonnes annually. Non-compliance could result in fines of up to €2,000 for establishments and up to €60,000 for supermarkets failing to meet waste reduction requirements.

The law represents a major step in promoting sustainability and social responsibility across Spain's food sector, balancing consumer convenience, business accountability, and environmental impact.

Restaurants turn to Turrón

Turrón, the classic Spanish nougat traditionally enjoyed during the holiday season, is experiencing a culinary evolution thanks to the rise of liquid turrón. Once confined to festive treats, this versatile form is now finding a place in professional pastry kitchens, restaurants, and tapas bars across Spain.

Liquid turrón offers chefs a

creamy, nutty base with subtle sweet-savoury notes, derived from Marcona almonds and extra virgin olive oil. Its high oil content allows it to integrate smoothly into sauces, glazes, and emulsions, making it a unique flavour enhancer for both sweet and savoury creations.

Seafood dishes, in particular, are benefitting from this innovation.

Chefs are pairing liquid turrón with hake and salmon, where its velvety texture and toasted almond notes complement delicate fish without overpowering it. It is also being used as a marinade, where its natural sugars aid caramelization, enhancing the visual appeal and flavour of cooked proteins.

Unlike traditional turrón bars, liquid

turrón is packaged for professional use in 2kg to 24kg tubs. This format eliminates the need to break down blocks and ensures a consistent texture for chefs to incorporate into ice creams, creams, mousses, sauces, and fillings.

As Spanish kitchens continue to embrace innovative ingredients, liquid turrón exemplifies how a

centuries-old sweet can adapt to modern gastronomy, bridging tradition with contemporary culinary artistry.

The Emerald Isle


THURSDAY 23RD APRIL



**GOOD OLD BRITISH PUB
HAPPY FOOD AVAILABLE
ST GEORGE'S
DAY**

MARKET STALLS

VODKA ENERGY €3
GIN TONIC €4.50
BOTTLE SAN MIGUEL €1.50
BOTTLE ESTRELLA €1.50




1PM ONWARDS
SYMPATHY FOR THE STONES
DAVID BOWIE
NIKKI G - LEROY MORALES
RAFFLE & TOMBOLA IN AID OF PINK LADIES

For Directions Visit:
Emeraldiself

www.emeraldispain.com
 (0034) 615 504 066

Calle Marte 2, La Florida, 03189
 Orihuela Costa. Tel 865 942 217



THE EMERALD ISLE
LA FLORIDA

— SPAIN —

NASHVILLE NIGHTS

19th APRIL
THE EMERALD ISLE

MESSAGE OR PHONE TO BOOK!

Calle Marte 2, La Florida
+34 615 50 40 66
Starts 3pm

we are
HIRING!

Kitchen & floor staff
IMMEDIATE START

Experience essential

Cook required. Must have experience in a busy environment. Full contract. Holiday pay. Good hourly rate.

Contact Mark on:

+34 619 95 82 15

 **QUESADA**
Fish & Chips





Best Three Vodkas

In a spirits category often defined by branding, familiarity and marketing gloss, the annual judging by the Beverage Testing Institute offers something increasingly rare: a return to pure sensory evaluation. Each year, vodkas are assessed blind, stripped of their labels and reputations, allowing aroma, texture and finish to take centre stage. The 2026 results highlight just how diverse vodka has become, revealing a shortlist that spans traditional grain expressions, modern luxury bottlings and inventive new interpretations.

At the top of this year's rankings sits elit Vodka, which secured a Platinum Medal and an impressive 97-point score. Produced in Riga, Latvia, it represents the premium end of the Stoli portfolio and is crafted using single-source grain and artesian well water. Its defining feature is a meticulous freeze-filtration process carried out at sub-zero temperatures, designed to enhance clarity and texture.

In the glass, elit distinguishes itself through restraint rather than intensity. Its aroma is delicate and understated, offering faint notes of grain, mineral freshness and a whisper of cream. The palate reveals its true strength: a silky,

almost weightless texture layered with subtle sweetness, light spice and a gentle mineral edge. The finish is notably long for a vodka, leaving behind a clean, softly peppered impression that lingers with quiet confidence. Rather than aiming for boldness, elit succeeds through precision and balance, delivering a refined drinking experience that underscores the category's potential for elegance.

Close behind is Tigerfire Premium Artisan Vodka, a relative new-

comer that earned a Gold Medal with 95 points. Crafted in France from winter wheat and subjected to triple distillation and charcoal filtration, Tigerfire positions itself within the growing segment of super-premium vodkas focused on craftsmanship.

Its profile leans toward subtle complexity. Aromas suggest fresh dough, citrus peel and a light floral lift, while the palate introduces gentle wheat sweetness complemented by hints of lemon

and white pepper. The texture is smooth and refined rather than heavy, favouring finesse over richness. A crisp, dry finish with a mild warming quality rounds out the experience, leaving a clean, peppery trace. Tigerfire's appeal lies in its balance—approachable yet sophisticated, modern without losing touch with traditional vodka structure.

Rounding out the trio is Absolut Vodka, a globally recognised name that continues to demon-

strate why it remains a benchmark in the category. Produced exclusively in Åhus, Sweden, from local winter wheat and water, Absolut has long maintained a distinctive house style that embraces a touch of grain character rather than complete neutrality.

That identity is evident from the first impression. The nose carries soft notes of cooked wheat, vanilla and a hint of biscuit-like warmth, offering more personality than many mass-market vodkas. On the palate, it is smooth and cohesive, with gentle cereal sweetness, creamy undertones and a subtle citrus lift that keeps the profile lively. The finish is clean and lightly peppered, with a faint fruitiness that adds to its accessibility.

Together, these three vodkas illustrate the evolving landscape of the category. Once defined by neutrality above all else, vodka is increasingly appreciated for nuance, texture and origin. From the polished minimalism of Latvian luxury to the refined craftsmanship of French wheat distillation and the consistent character of Swedish production, the 2026 rankings reflect a spirit that is far more expressive than its reputation might suggest.



Relight the Fire at Hotel Algorfa

A lively night of nostalgia and entertainment is set to arrive in Algorfa this April, as a Take That tribute show comes to the Hotel Algorfa on Saturday the 18th. For just €10 per person, attendees can step back into the golden era of British pop and relive the hits that defined a generation.

Starting at 8:30pm, the event promises an evening filled with energy, familiar melodies, and the kind of feel-good atmosphere that only classic chart-toppers can deliver. Tribute acts have grown increasingly popular for their ability to recreate not just the sound, but the spirit of iconic performances, and this show aims to do exactly that.

Adding even more value to the night, the performers will also include a selection of hits from other beloved boy bands such as Boyzone, Backstreet Boys, and Blue—broadening the appeal and ensuring there's something for every fan of 90s and early 2000s pop. Events like this are more than just concerts—they're social gatherings that bring people together, offering a chance to unwind, sing along, and enjoy live entertainment in a welcoming local setting. At an accessible price point, it's an opportunity for both longtime fans and curious newcomers to experience the magic of these timeless songs without travelling far.

With affordable entry and a guaranteed dose of nostalgia, this tribute night is shaping up to be a highlight of the local social calendar.



Hotel Algorfa
The Best Sunset Views
of the Costa Blanca

Tel: 966 729 707
WhatsApp: 711 033 195

Calle Pablo Picasso 1,
Castillo de Monetmar,
Algorfa 03169

reservations@hotelalgorfa.es



RELIGHT THE FIRE
TAKE THAT TRIBUTE

SATURDAY 18th APRIL
8:30PM
€10 per person



Oven Baked Mac

Want to make the best baked Mac and Cheese ever? This is a stunning white creamy cheese sauce and a buttery breadcrumb topping. This is THE Macaroni Cheese recipe that's wildly popular for everything from celebration meals to weeknight dinners or even a very decadent side dish.

Ingredients

Macaroni:

- 250g / 8 oz macaroni (elbow pasta)
- 1 tbsp (15g) unsalted butter (or 2 tsp oil)

Topping:

- 40 g panko breadcrumbs
- 2 tbsp (30g) unsalted butter, melted
- 0.25 tsp salt

Sauce:

- 4 tbsp (60g) unsalted butter
- 50 g flour, plain
- 750 ml milk, warmed (low or full fat)
- 200 g freshly shredded cheese, gruyere best (followed by cheddar)

- 100 g freshly shredded mozzarella cheese, or more other cheese of choice
 - 0.75 tsp salt
- Seasonings (optional):
- 1 tsp garlic powder
 - 0.5 tsp onion powder
 - 0.5 tsp mustard powder

Instructions

Pasta:

Cook pasta: Bring a large pot of water to the boil. Add macaroni and cook per packet directions MINUS 1 minute. Toss in butter: Drain, return pasta to pot, add butter and toss until melted. Set aside to cool while making the Sauce.

Topping:

Mix together Topping. Set aside.

Sauce:

Preheat oven to 180°C/350°F (all oven types).

Make roux: In a large saucepan or in an ovenproof skillet, melt butter over medium heat. Add flour and cook, stirring

constantly, for 1 minute.

Add milk: Add about 1 cup of the milk and mix to dissolve the paste into the milk. Then add remaining milk and mix until lump free (use whisk if required). Add Seasonings: Mix in salt and Seasonings if using.

Thicken sauce: Cook, stirring/whisking regularly, for 5 – 8 minutes until thickened to a cream consistency. When the Sauce coats the back of a wooden spoon, you should be able to draw a path with your finger.

Add cheese: Remove from stove, add cheese and stir – cheese doesn't need to melt.

Check salt: Adjust salt to taste (if you use recommended cheeses, you won't need more).

Assembling:

Assemble: Pour Sauce into pot with Macaroni. Stir quickly, then pour back into the skillet or a baking dish. Sprinkle with breadcrumb topping.

Bake for 25 minutes or until top is light golden. Don't bake too long otherwise you'll bake away the Sauce.

Serve: Serve immediately. Can sprinkle with parsley.



Chicken au Poivre

Inspired by Steak au Poivre, a firm family favourite. This recipe has the same creamy peppercorn sauce with brandy and cream, just swapped for golden chicken. Chicken au poivre is a perfect quick mid-week dinner with a French accent.

Ingredients

- 2 large chicken breasts, skinless & boneless (250–300g / 8–10oz each)
- 3/4 tsp cooking salt
- 2 tbsp vegetable oil, or any other neutral flavoured oil

Au Poivre Sauce:

- 2 tsp whole black peppercorns, coarsely crushed
- 80 ml brandy or cognac, or masala
- 375 ml beef stock / broth, low sodium
- 185 ml thickened / heavy cream, or any other full fat cream

Instructions

Prepare the chicken – Cut each chicken breast in half horizontally to make 4 thin

steaks and sprinkle both sides with salt (don't season the chicken with pepper because once combined with the sauce, it makes the dish too peppery).

Cooking and Sauce:

Sear the chicken – Heat oil in a large pan (28cm / 11") over high heat. Add chicken and cook 2–3 minutes per side until golden. Remove to a plate and rest (don't cover). If you think your chicken is still a little bit under after resting, don't worry it will finish cooking later in the sauce.

Deglaze with brandy – turn the stove off to avoid the brandy catching fire (unless you want to flambé). Then carefully pour the brandy in. Be careful, it will sizzle hard, that's normal. Let it bubble for 20-30 seconds to let alcohol burn off, reduce by about 2/3 (turn the stove on if needed). Scrape the base of the pan well to release all that flavour.

Beef stock – Turn the heat back on high. Add beef stock. Simmer rapidly for 4 minutes, until reduced by half.

Cream – Stir in cream and crushed

pepper. Lower the heat to medium high. Simmer for 3-4 minutes, to reduce the sauce until it thickens enough to lightly coat the back of a spoon. Stir and scrape the sides of the pan as it reduces. Keep in mind that some stoves run stronger than others. If the heat is gentler, the sauce may take a little longer to reduce, so just allow a bit of extra time.

Simmer – Turn heat down to medium. Return chicken and resting juices to the pan. Cook 2–3 minutes, spooning the sauce over the chicken, until it is warmed through and the sauce darkens in colour and thickens a little more. When you drag a spoon through the pan, the sauce should slowly flow back together. If it thickens too much, add a splash of cream or water to loosen.

Serve – This dish is best served straight away. If it sits, the sauce can become too thick and the chicken overcooked.



Breakfast Hash

This is a big, hearty breakfast hash loaded with sausages, bacon, eggs and potatoes – all baked in the oven instead of endless tossing on the stove. ...mainly because no one has a pan big enough to cope with all this deliciousness.

Ingredients

Seasoned potatoes:

- 800g / 1.6lb potatoes, peeled, cut into 2cm / 0.8" cubes. Maris Piper, or other starchy or all-rounder potato
- 1 1/2 tbsp olive oil
- 1/2 tsp smoked paprika
- 1/2 tsp dried thyme (or any dried herb)
- 1/4 tsp onion powder

- 1/4 tsp garlic powder
 - 1/2 tsp cooking salt
- Everything else:**
- 1 red capsicum / bell pepper, cut into 2.5cm/1" squares
 - 1 red onion, cut into 1cm / 0.4" wedges
 - Pinch of salt and pepper
 - 1 tbsp olive oil
 - 100g / 4 oz streaky bacon, cut into 2.5cm/1" squares
 - 500g/ 1 lb good pork sausages, or any sausage you want. Chorizo works well.
 - Eggs – as many as you want and can fit
- For serving:**
- 1 tbsp parsley, roughly chopped
 - Hot buttered toast

Instructions

Preheat the oven to 200°C / 400°F (180°C fan-assisted).

Toss the potatoes with the oil and seasoning in a bowl. Spread on a lined tray, just big enough to hold everything in snugly rather than spread in a single layer. Bake for 15 minutes.

Capsicum and onion – Meanwhile, in the still-dirty potato bowl, toss the capsicum and onion with the oil, salt and pepper. Add to tray, then toss with the potatoes. Sausage & bacon – Squeeze dollops of the sausage meat out of the casings and dot them randomly on top or dice the chorizo. Scatter with bacon.

Bake 20 minutes. Toss, then bake for a further 15 minutes, or until potatoes are soft.

Lower oven to 180°C/350°F (160°C fan).

Eggs – Push the potato aside to make holes for the eggs. Crack eggs in. Return to oven for 7 minutes or until eggs are done to your liking.

Serve – Scatter with parsley, then serve.



Foods with more protein than an egg

Eggs have long enjoyed a reputation as the ultimate protein staple—simple, affordable and nutritionally dense. And while a single egg delivers around six grams of protein, it is far from the only option. In fact, a wide range of foods—both plant-based and animal-derived—offer equal or significantly higher protein content, often alongside a broader spectrum of nutrients.

For those looking to diversify their diet, the protein landscape is far richer than the breakfast plate suggests.

Lean meats remain among the most concentrated sources of protein, and pork is a standout example. Lean cuts deliver close to 29 grams of protein per 100 grams, making them an efficient option for those aiming to build or maintain muscle. Beyond protein, pork provides essential nutrients such as B vitamins, zinc, iron and selenium, all of which support energy production and immune function. Its versatility in the kitchen—from roasting to grilling—makes it an easy addition to everyday meals.

Seafood offers similarly impressive benefits. Cod, for instance, provides between 18 and 23 grams of protein per 100 grams

in its fresh form, with even higher concentrations when dried, though salt levels should be monitored. Light, mild and adaptable, cod fits seamlessly into a variety of dishes while contributing important nutrients without excessive fat.

Shrimp is another seafood option that punches above its weight nutritionally. A modest serving contains around 20 grams of protein, along with selenium, iodine and vitamin B12. Quick to prepare and naturally low in fat, it works well in everything from salads to stir-fries, provided heavy breading is avoided.

Red meat also has a place in a balanced, protein-rich diet when chosen carefully. Lean cuts of beef typically provide between 22 and 26 grams of protein per serving, along with iron and vitamin B12—key nutrients for maintaining energy levels and preventing deficiency. Opting for cuts such as sirloin and preparing them simply can help keep saturated fat intake in check.

Plant-based options, however, are increasingly gaining attention—not only for their protein content but also for their additional health benefits. Edamame, or young soybeans, deliver

around 12 grams of protein per 100 grams and come packed with fibre, vitamins and minerals including vitamin C, calcium and magnesium. They are as versatile as they are nutritious, equally suited to salads, stir-fries or eaten on their own as a snack.

Chickpeas are another plant-based staple offering both protein and slow-digesting carbohydrates, which help stabilise blood sugar levels. A cup of cooked chickpeas provides roughly 14 to 15 grams of protein, along with fibre and iron. Whether roasted for crunch, blended into hummus or added to soups and salads, they offer a satisfying and

nourishing alternative to animal proteins.

Seeds, too, deserve recognition. Pumpkin seeds are particularly notable, combining protein with healthy fats, magnesium, zinc and iron. While calorie-dense, they provide a concentrated nutritional boost in small portions and can be enjoyed raw or roasted as a topping or snack.

Dairy products also contribute meaningfully to protein intake. Non-fat mozzarella, for example, offers around 28 grams of protein per 100 grams, along with calcium and vitamin B12. Its mild flavour and adaptability make it a practical addition to both hot and cold dishes, though sodium levels should be considered with frequent consumption.

Ultimately, while eggs remain a valuable source of protein, they are just one piece of a much larger puzzle. A varied diet that incorporates different protein sources not only supports muscle health and energy levels but also ensures a wider intake of essential nutrients. Expanding beyond eggs opens the door to a more balanced, flexible and nutritionally complete way of eating.



BETTER HEARING - HAPPIER LIFE

Would you like to discover how better hearing can improve your quality of life?

Hearing Aid Ranges and Prices



	1 Star Aids ★	2 Star Aids ★★	3 Star Aids ★★★	4 Star Aids ★★★★	5 Star Aids ★★★★★	Premium Aids ★
Ranges	Bernafon Alpha 1	Oticon Zircon 2 Bernafon Alpha 3	Oticon Intent 4 Bernafon Encanta 100	Oticon Intent 3 Bernafon Encanta 200	Oticon Intent 2 Bernafon Encanta 300	Oticon Intent 1 Bernafon Encanta 400
Suitability	Home 1-1 Conversation TV	Family Family gatherings Shopping	Groups Cafes Small groups	Social Large groups Terraces Sports	Complex Restaurants Parties Bars	Demanding Concerts Theatre Music
Battery Powered	Not Available	€1295 single €2290 pair	€1445 single €2590 pair	€1595 single €2890 pair	€1750 single €3200 pair	€1900 single €3500 pair
Rechargeable	€1395 single €1999 pair	€1595 single €2590 pair	€1745 single €2890 pair	€1895 single €3200 pair	€2050 single €3500 pair	€2200 single €3950 pair



All ranges include direction microphones, background noise reduction capability, speech enhancement, Feedback cancellation and Bluetooth connectivity.

Book your hearing test with us now - **Call 698 418 642**

Opening times:

Monday - Friday 08.00 - 15.00
Closed Saturday & Sunday

Tom (Bsc Hons OST RHAD MSHAA), India May & Michele

Calle Los Arcos 17, Ciudad Quesada 03170
contact@proteawellnessaudiology.es
www.proteawellnessaudiology.es





Turn to page 38 for all puzzle results

WORD SEARCH

F	B	F	K	J	D	R	T	A	G	H	Z	H	F	I	G	G	T	E	Z
M	V	B	M	M	G	N	D	J	L	V	Q	T	K	K	A	L	J	W	F
Y	D	L	Q	A	R	W	G	A	L	A	H	N	N	W	Y	I	T	W	G
W	V	V	A	W	J	U	T	S	E	S	Y	S	T	E	M	B	V	O	H
K	Z	S	T	R	A	W	B	E	R	R	Y	R	N	R	R	R	R	C	X
Q	O	B	M	M	S	X	B	E	U	M	B	R	E	L	L	A	Y	I	E
F	T	C	M	I	B	K	T	A	J	J	U	V	O	T	N	R	P	T	I
L	E	N	W	U	L	J	V	T	C	O	L	T	R	G	S	Y	Y	K	B
U	P	L	N	N	P	E	X	D	J	I	N	H	E	D	E	N	B	R	P
M	I	P	P	Y	W	V	B	N	S	R	Q	Q	Z	A	L	T	O	N	B
V	J	T	W	P	R	S	R	M	K	L	D	U	O	L	C	T	A	M	F
P	R	S	Q	Y	A	E	R	A	S	Y	Z	Q	Y	O	R	H	G	C	N
L	C	H	Q	J	M	E	G	D	D	G	F	I	D	C	D	L	E	E	W
U	M	A	I	K	F	L	N	H	E	N	E	W	S	P	A	P	E	R	Z
O	F	B	Z	E	Z	Y	E	I	C	L	E	A	W	N	B	H	I	U	K
M	J	J	S	I	Q	N	D	W	P	R	G	L	D	G	G	A	U	T	N
Q	A	Q	V	K	W	T	R	P	G	T	Y	M	A	U	H	R	I	C	B
L	O	S	K	H	C	A	A	L	F	X	A	T	H	C	T	L	T	I	U
F	M	J	R	E	P	P	G	S	O	R	F	B	L	H	G	E	K	P	Y
W	C	L	V	W	P	Y	K	F	K	S	D	B	L	C	D	U	V	Y	H

- 1.ORANGE 2.LIBRARY 3.UMBRELLA 4.MONSTER 5.PARENT 6.TEACHER
 7.CATEGORY 8.SYSTEM 9.SILVER 10.NEWSPAPER 11.APPLE 12.CALENDAR
 13.JOURNEY 14.GARDEN 15. CHAIR 16.CLOUD 17.PINEAPPLE
 18.STRAWBERRY 19.SMILE 20.BREAD 21.LANDMARK 22.PICTURE

SUDOKU

1		6						3
			1					9
		5	8				6	
	5			2		9		
		3	5	6	9			
						4		
4						3	8	
	8			7				1
					4			

Word Ladder — Hard (6 letters)

Change one letter at a time to turn the start word into the end word. Every step must be a valid word.

1	F A T H E R	START
2	- - - - -	
3	- - - - -	
4	- - - - -	
5	- - - - -	
6	- - - - -	
7	B O T T L E	END

Word Ladder — Medium (5 letters)

Change one letter at a time to turn the start word into the end word. Every step must be a valid word.

1	P L A N T	START
2	- - - - -	
3	- - - - -	
4	- - - - -	
5	- - - - -	
6	- - - - -	
7	- - - - -	
8	B R E A D	END



SEAT more accessible

SEAT is expanding access to electrified driving with the launch of a new Style trim for its Leon e-HYBRID, aiming to attract a broader range of customers with a more affordable entry point into plug-in hybrid technology.

The new variant joins the existing FR trim in the SEAT Leon e-HYBRID lineup, which is available in both five-door and Sportstourer body styles. The Leon was the brand's first plug-in hybrid model and remains central to its electrification strategy as the company works to balance performance, efficiency and cost.

Powering the latest version is a new-generation plug-in hybrid system delivering 204PS (150kW) and 350Nm of torque. The setup combines a 1.5-litre TSI petrol engine producing 150PS with an electric motor rated at 115PS, supported by a 19.7kWh lithium-ion battery. This configuration enables an all-electric driving range of up to 134 kilometres, positioning the model as a practical option for both urban commuting and longer journeys.

Charging capability has also been

enhanced. The Leon e-HYBRID can now accept up to 50kW via DC fast charging, while home charging on an AC wallbox is supported at up to 11kW, improving convenience for daily use.

The introduction of the Style trim is intended to make electrified mobility more attainable without sacrificing key features. Standard equipment includes ecoLED lighting at the front and rear, 17-inch alloy wheels, and a digitally focused interior. Inside, drivers benefit from a 10.25-inch digital cockpit and a 10.4-inch infotainment system with an illuminated touch slider interface.

The move reflects SEAT's broader push to expand its electrified offerings while maintaining the driving character and design appeal that have defined the Leon range.



One fine every five seconds!

The Spanish traffic authorities issued more fines last year than at any point in recorded history, with the DGT handing out over six million penalties to drivers in 2025 for the first time since records began in 1961.

The figures, published in the DGT's 2025 General Statistical Yearbook, show that 6,106,354 complaints were filed last year, working out at an average of 16,730 per day, nearly 700 per hour and one every 5.2 seconds.

To put that in context, it took until 1970 for annual fines to exceed two million, 1974 to pass three million and 2008 to reach four million. Five million was first exceeded in 2022, and last year the six million barrier was broken for the first time.

It's worth noting that the figures exclude Catalonia and the Basque Country, both of which have devolved powers over traffic enforcement and run their own systems independently, so the actual number of fines doled out nationwide is even higher.

Regionally, Andalucía led the way with 1,526,897 fines, followed by the Valencian Community with 939,573, the Community of Madrid with 721,465 and Castilla y León with 601,184.

At a provincial level, Madrid topped the list with 721,465 penalties, ahead of Valencia with 468,121, Cádiz with 369,586, Alicante with 339,000 and Málaga with 282,163, making it a particularly costly year for drivers across the east and south of the country.



Stellantis recalls 77,500 vehicles in Spain due to fire risk

Carmaker Stellantis has announced a recall of approximately 77,500 vehicles in Spain due to a technical issue that, under certain conditions, could increase the risk of a fire in the engine compartment. The company described the action as a voluntary safety review affecting multiple brands within its portfolio.

The recall covers models produced between 2023 and 2026 from manufacturers including Peugeot, Citroën, Opel, Lancia, Alfa Romeo, Jeep, and Fiat. According to Stellantis, the issue involves two components located in the engine area that may not meet optimal spacing requirements.

Specifically, the company identified that the gap between the petrol particulate filter tube and the protective cover of the

belt starter generator may be insufficient. In wet conditions, this configuration could lead to overheating, raising the possibility of a fire in extreme cases.

Reports from German media indicate the issue may extend beyond Spain. Citing the German Federal Motor Transport Authority, the coverage suggests that up to 700,000 hybrid vehicles worldwide could be affected by the same defect, pointing to a broader safety concern across international markets.

Stellantis has stated it will directly notify owners of impacted vehicles, advising them to contact authorised dealerships to arrange an inspection. If necessary, technicians will replace the protective cover of the belt starter generator with an improved version offering greater

insulation.

The company emphasised that the repair procedure is straightforward, taking approximately 30 minutes to complete. All associated costs will be fully covered, ensuring that vehicle owners can address the issue promptly and without charge.

The good news for affected owners is that the fix is straightforward and completely free of charge. The company has said it will contact owners "immediately" to arrange an appointment with their nearest dealer, where the protective cover of the belt starter generator will be replaced with one offering better insulation and the clearance between the two components checked if necessary.



WHERE THE COMMUNITY READS, YOUR BUSINESS SUCCEEDS!

SUCCEEDS!

Call now to place your advert in

CostaWeeklyNews™

costaweeklynews@alicantetoday.com

SWAN AUTOS LA MARINA

itv A GARAGE BUILT ON AN EXCELLENT REPUTATION
Established in La Marina now 15 years

· SERVICING · DIAGNOSTIC SERVICE · CLUTCHES
GEARBOXES · BRAKES · AIR CONDITIONING · SERVICE ·
RE-REGISTRATION FROM ENGLISH TO SPANISH PLATES ·
PRE ITV AND ITVS - ALL NECESSARY WORK CARRIED OUT
· MOBILE BREAKDOWN SERVICE AVAILABLE



AIR CONDITIONING
Diagnostic A/C machine
to check for any leaks or
problems.



BEFORE AFTER
DEFOGGING HEADLIGHTS
SPECIAL OFFER
FROM 20€

CALL NOW

966 184 806/634 269 184

Email: info@swanautos.es

You can find us by taking the San Fulgencio turn off CV859, on the N332. Continue for 3km.

Aries (21 Mar – 19 Apr)

Life

This week, Aries, you're a meteor of energy! Channel it wisely—perhaps not all at once. Try organizing your sock drawer; it may lead to unexpected inspiration. Have a backup pair of sunglasses—you'll shine that bright!

Mind

This week invites you to embrace spontaneity while still staying grounded. Try integrating a new hobby into your routine to keep your energy vibrant. A quick nature walk might provide the serenity you've been craving.

Heart

This week, Aries, your charm is on full display. Use it to strengthen existing connections by organizing a fun gathering. If single, keep an open mind towards new acquaintances. Your enthusiasm is contagious, so let it shine!

Taurus (20 Apr – 20 May)

Life

Taurus, your week is all about cozy vibes and culinary delights. Treat yourself to a new recipe. Who knew that a sprinkle of cinnamon could change your life? Just remember, experimenting in the kitchen is best when it doesn't involve the smoke alarm!

Mind

Balance is key for you this week, Taurus. Consider organizing your space to refresh your surroundings. A little decluttering can give you mental clarity, allowing your creativity to flow.

Heart

Taurus, this week is all about harmony at home. Prioritize quality time with loved ones by planning a cozy movie night or a simple dinner. Open communication will deepen bonds, so listen with your heart. Your stability brings comfort to those around you.

Gemini (21 May – 20 Jun)

Life

Gemini, your social calendar is busier than a bee in spring. Balance is key, so pencil in some 'me-time' between those social soirees. And why not try your hand at a jigsaw puzzle? It's fun connecting the pieces—just like the people you know!

Mind

Your social energy is high, making it a perfect time to recon-

nect with friends. Virtual meet-ups or a cozy coffee chat can bring joy. Remember to take moments for quiet reflection to recharge amidst the buzz.

Heart

Gemini, this week sparks curiosity in love. Engage in deep, meaningful conversations with a partner or potential interest. Your wit and charm make you irresistible. Explore new places together, and watch your connection grow stronger.

Cancer (21 Jun – 22 Jul)

Life

Cancer, your heart is your compass this week. Let it lead you to reconnect with a long-lost hobby. Whether it's painting or gardening, dive in and enjoy! Just remember, if you're planting seeds, you're also cultivating smiles.

Mind

This week, focusing on home and family brings peace. Consider dedicating some time to cooking a favourite meal or sharing stories with loved ones. Simple pleasures will ground you and offer comfort.

Heart

Cancer, focus on nurturing relationships this week. Surprise a loved one with a small gesture of kindness. Your sensitivity is a gift, so use it to support those who need a shoulder. In return, you'll receive the warmth and appreciation you deserve.

Leo (23 Jul – 22 Aug)

Life

Leo, your roar is softer this week, and that's okay! Take a moment to relax and recharge in your own den. Try reading a good book—the kind where dragons dance and heroes nap. You'll emerge as powerful as ever!

Mind

Your natural leadership shines brightly, but remember to allow for rest. Try setting aside time for a creative project that excites you. Balancing productivity with relaxation will keep you feeling empowered.

Heart

Leo, your radiant energy is magnetic this week. Whether single or attached, share your creative side with others. Plan a spontaneous adventure or a creative project with friends or a partner. Your enthusiasm will inspire those around you.

Virgo (23 Aug – 22 Sep)

Life

Virgo, your attention to detail is unmatched. This week, channel it into a creative project, like scrapbooking your favourite quotes. Who knew being organized could be so inspirational? And remember, not every detail needs your keen eye—sometimes, fun is in the chaos!

Mind

A practical approach will serve you well this week. Make a simple plan for a small goal you've been hoping to achieve. Little victories can bring a sense of accomplishment and boost your spirits.

Heart

Virgo, this week calls for introspection in your relationships. Take some time to reflect on what truly matters to you. Honest communication will bring clarity. Whether through a heartfelt letter or a candid conversation, expressing your feelings will strengthen bonds.

Libra (23 Sep – 22 Oct)

Life

Libra, this week is all about finding harmony in your surroundings. Rearrange a room or two; a fresh perspective brightens everything. If you're moving furniture, though, watch those toes! Balance is beautiful, but safety is key!

Mind

Harmony is your focus, so seek out activities that bring balance. Aesthetic touches, like refreshing your environment with flowers, can uplift you. Consider sharing a thoughtful gesture with someone special.

Heart

Libra, balance is key this week. Share your thoughts and feelings openly to maintain harmony in your relationships. Consider a fun outing with loved ones to foster joy and connection. Your natural diplomacy will guide you through any minor misunderstandings.

Scorpio (23 Oct – 21 Nov)

Life

Scorpio, your mystery and allure are as captivating as ever. Dive deep into a new interest—maybe something cryptic like the world of ancient riddles. Explore with curiosity; who knows what exciting secrets you'll uncover? Just keep your magnifying glass handy!

Mind

Your intuition is heightened, guid-

ing you through emotional waters. Use this time to journal your thoughts or explore a creative outlet. Trust in your inner wisdom while nurturing your emotional well-being.

Heart

Scorpio, passion is in the air this week. Dive deep into your emotions and share them with someone special. Plan an intimate date night to rekindle the spark. New connections are possible, but follow your intuition in choosing the right path.

Sagittarius (22 Nov – 21 Dec)

Life

Sagittarius, the road less travelled calls to you this week. Plan a spontaneous day trip or explore your own backyard. Every corner has a story waiting to be discovered. And remember, adventure doesn't always mean a passport—sometimes it's just a new ice cream flavour!

Mind

Adventure calls, even in small ways. Plan a day trip or explore new ideas through books or podcasts. Keeping your mind engaged with fresh experiences will invigorate your spirit.

Heart

Sagittarius, adventure beckons in your love life this week. Embrace spontaneity by proposing an unexpected trip or activity with a partner or friend. Your optimism draws others to you, fueling exciting conversations and experiences. Keep your heart open to new possibilities.

Capricorn (22 Dec – 19 Jan)

Life

Capricorn, your week is all about steady progress and gentle achievements. Celebrate small victories with a personal treat, like a cup of fancy tea. Enjoy each sip, savouring the process. You're climbing mountains one delightful step at a time!

Mind

You're in a strategic mindset, perfect for setting long-term goals. Break down your plans into manageable steps, and celebrate each achievement. A balanced approach will help you stay focused and motivated.

Heart

Capricorn, this week emphasizes patience and understanding in relationships. Spend time with loved ones, offering your practical support and listening ear. Small acts of kindness

can make a significant impact. Your steadfast nature provides a strong foundation for those around you.

Aquarius (20 Jan – 18 Feb)

Life

Aquarius, your innovative spirit is off the charts this week. Channel your ideas into something whimsical, like crafting a homemade kite. Feel the wind beneath it and the possibilities it represents. Just remember, high-flying dreams need strong strings.

Mind

Innovative thinking is your forte, making this a great time to brainstorm or collaborate. Engage with communities that share your interests, even if virtually. Nurture connections and let your ideas inspire others.

Heart

Aquarius, your innovative spirit shines in love this week. Try a new activity or hobby with someone special, sparking joy and connection. Share your visionary ideas in conversations, and watch your relationships blossom. Your unique perspective is a breath of fresh air.

Pisces (19 Feb – 20 Mar)

Life

Pisces, your creativity flows like a gentle stream this week. Dive into an art project that lets your imagination swim freely. Whether it's doodling or composing a tune, let your spirit sing. And don't forget: even stars need rest between their dazzling performances!

Mind

Gentle self-care is your theme this week. Consider indulging in calming activities like reading or meditative music. Let your intuition guide you to practices that rejuvenate your soul and foster inner peace.

Heart

Pisces, this week is about emotional depth and compassion. Reach out to friends or family who might need support. Your empathy is a healing force, so offer it generously. Engaging in creative pursuits together will bring harmony and joy to your connections.


Leak Detection/pools

LEAK TECH
 Tel.: 966 194 179
 Mob: 627 752 965
 www.leak-tech.net info@leak-tech.net

Are your Pool & Water bills draining you?

Leak Tech uses state-of-the-art technology to accurately locate water leaks in underground systems and swimming pools. This sophisticated technology, in the hands of an experienced technician can pinpoint a water leak in any pipe work (excluding waste).

"New" tracer gas detection



BENEFITS OF USING LEAK TECH

- Non-destructive leak detection
- We guarantee to find leaks in any pipe work in your pool, garden, paths or driveway.
- We have 100% success rate in leak detection.
- We use the latest test equipment, tools, quality repair products & materials.
- We accurately pressure test pipe work in swimming pools & scuba dive to carry out dye test to find leaks.
- We minimise property damage and disruption.

Property Management & Real Estate



TFT
 THE FINISHING TOUCH

For all your property sales, letting and rentals use
 The Finishing Touch
 No1 for service

+34 968 380 904 +34 968 380 071

Removals & Shipping



MOVE IT - VANTASTIC
 REMOVALS / DELIVERIES & STORAGE
 ELECTRICIAN HANDY MAN
 PROPERTY MAINTENANCE
693 251 562

House Clearance,
 IKEA Deliveries
 davendonc@aol.com

Appliance Repairs

DOMESTIC APPLIANCE REPAIRS

FREE CALL OUT
REPAIRS & SALES OF
 Washers, Dryers,
 Electric Cookers,
 Dishwashers
Call Stewart
 Legal + Qualified

19 years on the Costa Blanca
Tel: 966 785 451
Mobile: 654 939 202
 domrepair2@gmail.com

Massage



Massage By Veronica
 For appointments Call:
679 292 678

Tiling

NICK THE TILER

Call Nick the Tiler for all your tiling needs—
 bathrooms, kitchens, floors, walls, and now large-format tiles.



Tel.. 605 305 405

Printing



INDY'S DESIGN & PRINT

Leaflets
 Graftic Design
 Stationery
 Business Cards
 Displays

Menus
 Flyers
 Vehicle Livery
 Signs
 Banners

WEEKLY PRINT RUNS
+34 647 472 825
 indysdp@gmail.com
 Find us on FB and Instagram



ADVERTISE HERE

CONTACT US

costaweeklynews@alicantetoday.com



ADVERTISE HERE

CONTACT US

costaweeklynews@alicantetoday.com

LET'S ADVERTISE YOUR BUSINESS

WHY?

- REACHES CUSTOMERS ACTIVELY LOOKING FOR TRADE SERVICES
- TARGETS LOCAL CUSTOMERS WHO WANT NEARBY, RELIABLE TRADES
- BUILDS TRUST FOR IN-HOME AND HIGH-VALUE WORK
- IDEAL FOR URGENT AND EMERGENCY JOBS
- GENERATES DIRECT PHONE-CALL LEADS
- COST-EFFECTIVE, CONSISTENT ADVERTISING FOR TRADES
- SUITS SMALL AND INDEPENDENT OPERATORS
- ENCOURAGES REPEAT BUSINESS AND REFERRALS
- COMPLEMENTS ONLINE ADVERTISING EFFORTS

CONTACT US

 **EMAIL NOW**
Costaweeklynews@alicantetoday.com



**WHERE THE
COMMUNITY
READS
YOUR BUSINESS
SUCCEEDS!**

Call now to place your advert in

CostaWeeklyNewstm

costaweeklynews@alicantetoday.com



Stray Sod Golf Society tee up at El Valle

The perfect combination of sunshine and a course in good condition made for a wonderful day's golfing at El Valle. This was the Stray Sod Golf Society heading out after a week's rest, following a six-round run. Forty-eight members head out to the Murcian course for the first time in quite a while. The day was a pretty good one for golf, warm and not too windy, and that was reflected in the scores with at least three golfers scoring in the forties and several hitting the high thirties. The highest score of the day was achieved by one of our female members, Lesley Priestley, who scored a cracking 44 points in Cat B. In second place was Denis Culinane with 41 points. Cat A was won by Kenny Winton with 40 points and followed by Andy O'Riley with 36 points. There were also 7 twos and a best

guest score of 39 points by Sandy Hughes. Our Stray Sod free breakfast winner was John Corcoran. After the golf back at the bar the golfers were served a hearty stew from the kitchen which hit the spot after all that fresh air and walking – or buggying! Thank you to all the staff at the bar and the team in The Stray Sod Green Fees shop for all their hard work each week. Our next outing is on Vistabella on 24th April. If you would like to join the society, contact the shop on 966 77 59 20. Remember The Stray Sod Green Fees has been shortlisted for both Best Inbound and Best Outbound Golf Tour Operator in the 2026 World Golf Awards. If you haven't cast your vote yet, we would really appreciate your support for a local business. Please visit: www.worldgolfawards.com/vote



San Miguel GS at Altaona

It was October when we came to Altaona last and it was a very pleasant 25c – thankfully the weather was the same today with a bit of a breeze which was actually welcome. A fairly early start for some heading this far into the Murcian countryside and thankfully nearly everybody was on time, even with a bit of traffic on the motorway.

A couple of last-minute cancellations were unfortunate and do cause a bit of a headache for the Pro Shop and Secretary. Luckily, Charlie in the Pro Shop assisted in a most efficient manner. Also, a big thank you to all the staff – the new clubhouse is lovely. A course that generally improves each time we play, even with a few dodgy holes that not many of us like at all (the 12th ...enough said!). The greens gave the most trouble, being fluffy, slow and generally hard to read – although there was one person today who seemed to ignore all that.

The scores are as follows:

Gold: Kenny Winton (36 points)

Silver: Denis Ryan (39 points and best score of the day)

Bronze: Alan "Super Green Reader Extraordinaire" Bryce (32 points)

One "Two" today taking the rollover pot and this week's pot in its entirety was expertly scooped by the above-mentioned Alan Bryce who read the fluffy greens proficiently today – well done

Nearest the Pins were Rob Fyfe (3rd) Alan Bryce (8th), Richard McCann (11th) and Kenny Winton (17th). The

football card winner with Doncaster was Nigel Hinds and our "McBride Bottle" will be enjoyed this evening by Andrew Jones. Two best guests today were Martin Greenaway (33 pts) and Donal McCann (30 pts) taking home a prized box of SMGS balls. We also had a Singles Knockout Match between Barry "BTB" Roehrig and Darren Hancock with Snr Hancock winning 4&3.

Keep up to date with SMGS on our website www.smgs.org. If you are interested in sponsoring one of our games – please contact smgs91info@gmail.com to discuss further. We are proud to be supported by Michaela Schmidt at www.golf-hotspots.com for all your golf travel requirements.

This week we also made one of our regular Blob Tin donations to The Pink Ladies & Panthers at their Playa Flamenca office. Our Captain, Mick Pryke (pictured), handed over €200 to Sandra (Vice President) and Carol. They do amazing work with both men and women for any cancer-related checks and queries. Our next Blob Tin will be going to The Butterfly Children. Thanks to all our generous members.

Pictured: The Pink Ladies (Carol, Captain Mick Pryke and Sandra). Pictured: Denis Ryan (Silver), Tony Smale, Paul Lamber (Vice-Captain), Martin Greenaway (Best Guest), Donal McCann (2nd Best Guest) and Andrew Jones (McBride Bottle).



Leeson Street plays EL Plantio



Twenty golfers from Leeson Street Golf Society played El Plantio recently. For those not familiar with

the course, it's the one nearest to Alicante airport and well worth a visit.

A beautiful sunny day with temperatures in the twenties made for a great day of golfing, although for some the weather was the highlight of the day. El Plantio is a park-land course with some testing holes which reflected in the scores. The greens are generally difficult to read and proved challenging.

With a nice early tee-off time all the players were back at Leeson Street, Rioja Centre, by 3.30pm which was a bonus. The terrace was sunny and the buffet much needed after the rigours of the

day. A big thank you to Andy, Llinos and all the staff at the bar. The winner Mark Cameron came in with 33 points (pictured on the right) and John Osborne (picture next to Mark) cleaned up with three nearest the pins and a longest drive also a two, giving him a half share of the two's pot. The other half being scooped Lawrie Higgins. John played as a guest and after running off with most of the prizes, may not be invited back too soon!

A big thank you to the staff at El Plantio for squeezing in four

extra players in at the last minute. It's great that the 'new' society is gaining members and popularity each week.

Our next outing is Wednesday 22nd April at Saurines. If you are interested in joining our society, please call in to Leeson Street and give your name or telephone 865 944 518 and leave your contact details.

Torre Vieja awards contract for three outdoor sports courts

The Governing Board of Torre Vieja City Council has approved a €640,211 contract to refurbish several outdoor sports courts across the municipality, advancing its broader plan to modernise local infrastructure and improve public access to safe, sustainable recreational spaces.

The contract has been awarded to Construcciones Hermanos Espín SL, which will oversee a comprehensive upgrade of four facilities located in different neighbourhoods. The works will focus on courts in La Mata, Cabo Cervera and Los Balcones, areas where existing installations have shown clear signs of deterioration and outdated design.

Among the sites included in the

project is the multi-sports court at Perfecta Rodríguez Park, along with facilities in Cabo Cervera and the Los Balcones complex at Plaza Reina de la Sal. These venues have experienced a range of structural and maintenance issues in recent years, including worn playing surfaces, ageing fences, inefficient lighting systems and construction elements that no longer meet current safety standards.

City officials determined that piecemeal repairs would be insufficient, opting instead for a full-scale intervention to restore the courts to modern standards. The project is designed to ensure that residents can use these public spaces in conditions that prioritise safety, accessibility and long-term durability.

The planned works will begin with the demolition of damaged or obsolete structures, including perimeter walls, pavements and existing seating areas. This will be followed by the installation of new enclosures and fencing systems to improve both safety and the overall appearance of the facilities. Playing surfaces will be completely renewed, incorporating non-slip sports coatings with clearly defined regulatory markings suitable for multiple activities.

Accessibility is another key focus of the upgrade. Entry points will be redesigned and improved to make the courts easier to use for people with reduced mobility, ensuring that the facilities meet modern inclusivity standards. At the same time, lighting systems will be replaced

with energy-efficient LED sports projectors, significantly improving visibility for evening use while reducing electricity consumption.

The improvements are expected to extend the usability of the courts throughout the day and into the night, encouraging greater participation in sport and recreational activities across all age groups. By upgrading infrastructure in residential areas, the council aims to strengthen the role of neighbourhood facilities as accessible hubs for physical activity and community interaction.

The initiative forms part of a wider municipal strategy to invest in public sports infrastructure, particularly in local districts where such amenities play an important role in

promoting healthy lifestyles. Officials view these spaces not only as venues for sport but also as social meeting points that contribute to community cohesion.

Once completed, the refurbished courts are expected to provide modern, functional and energy-efficient environments that respond to current user needs, reinforcing Torre Vieja's commitment to improving quality of life through well-maintained public spaces.



Three injured in two-car collision in Elche

Three people have been injured following a road traffic collision involving two vehicles on Filet de Fora street in Elche, according to the Alicante Emergency Information and Coordination Centre (CICU).

Emergency services received the alert at 19:15 and mobilised one

Basic Life Support (SVB) unit and two SAMU ambulances to the scene. Paramedics treated two men, aged 51 and 57, who had suffered head injuries and dislocations.

A 16-year-old girl was also treated for multiple injuries. After receiving initial care at the scene, all three pa-

tients were transferred to Vinalopó Hospital and Elche General Hospital for further medical treatment.

No further details have been released about the cause of the collision.



New signs installed to enforce anchoring ban in Torre Vieja Bay



Ports of the Generalitat has installed three large signs at the entrance to Torre Vieja harbour to reinforce the long-standing ban on anchoring in the bay. The notices, placed on both sides of the harbour mouth and near the Levante breakwater lighthouse, warn boaters in Spanish and English that anchoring is prohibited. A further sign has been installed on the Poniente quay.

Despite the ban, anchoring by leisure boats, yachts and small hire vessels has become increasingly common, particularly during peak

tourist periods. The bay, which is shared by three marinas with more than 2,500 berths, a fishing fleet and an industrial salt-loading dock, experiences heavy marine traffic, especially in spring and summer.

In recent years, as many as 40 boats have gathered near the outer face of the Marina Salinas breakwater on busy summer days. Authorities say the growth in recreational boating, jet skis, paddle boards and kayaks has increased congestion and raised safety concerns, particularly where boats anchor close to navigation routes

or bathing areas.

The Guardia Civil's maritime service stepped up patrols last summer, issuing warnings and, in isolated cases, fines. Officials say the new signage leaves boat owners with no excuse for breaching the rules, as pressure on the port space continues to grow.

PUZZLE SOLUTIONS

Word Ladder — Medium Solution

1	P L A N T	START
2	P L A S T	
3	B L A S T	
4	B L E S T	
5	B L E A T	
6	B L E A K	
7	B R E A K	
8	B R E A D	END

Word Ladder — Hard Solution

1	F A T H E R	START
2	F A T T E R	
3	P A T T E R	
4	P A T T E E	
5	P A T T L E	
6	P O T T L E	
7	B O T T L E	END

1	9	6	2	4	5	8	7	3
8	7	4	1	3	6	5	2	9
2	3	5	8	9	7	1	6	4
6	5	1	4	2	8	9	3	7
7	4	3	5	6	9	2	1	8
9	2	8	7	1	3	4	5	6
4	6	7	9	5	1	3	8	2
5	8	9	3	7	2	6	4	1
3	1	2	6	8	4	7	9	5

F	B	F	K	J	D	R	T	A	G	H	Z	H	F	I	G	G	T	E	Z
M	V	B	M	M	G	N	D	J	L	V	Q	T	K	K	A	L	J	W	F
Y	D	L	Q	A	R	W	G	A	L	A	H	N	N	W	Y	I	T	W	G
W	V	V	A	W	J	U	T	S	E	S	Y	S	T	E	M	B	V	O	H
K	Z	S	T	R	A	W	B	E	R	R	Y	R	N	R	R	R	C	X	
Q	O	B	M	M	S	X	B	E	U	M	B	R	E	L	L	A	Y	I	E
F	T	C	M	I	B	K	T	A	J	J	U	V	O	T	N	R	P	T	I
L	E	N	W	U	L	J	V	T	C	O	L	T	R	G	S	Y	Y	K	B
U	P	L	N	N	P	E	X	D	J	I	N	H	E	D	E	N	B	R	P
M	I	P	P	Y	W	V	B	N	S	R	Q	Q	Z	A	L	T	O	N	B
V	J	T	W	P	R	S	R	M	K	L	D	U	O	L	C	T	A	M	F
P	R	S	Q	Y	A	E	R	A	S	Y	Z	Q	Y	O	R	H	G	C	N
L	C	H	Q	J	M	E	G	D	D	G	F	I	D	C	D	L	E	E	W
U	M	A	I	K	F	L	N	H	E	N	E	W	S	P	A	P	E	R	Z
O	F	B	Z	E	Z	Y	E	I	C	L	E	A	W	N	B	H	I	U	K
M	J	J	S	I	Q	N	D	W	P	R	G	L	D	G	A	U	T	N	
Q	A	Q	V	K	W	T	R	P	G	T	Y	M	A	U	H	R	I	C	B
L	O	S	K	H	C	A	A	L	F	X	A	T	H	C	T	L	T	I	U
F	M	J	R	E	P	P	G	S	O	R	F	B	L	H	G	E	K	P	Y
W	C	L	V	W	P	Y	K	F	K	S	D	B	L	C	D	U	V	Y	H

Work resumes on Ramon Gallud until June

The Torrevieja Local Police has announced that rainwater drainage works on Ramón Gallud Street, at the intersection with María Parodi Street, will resume and continue until mid-June. The works are being carried out by AGAMED and will impact traffic in the area for the duration of the project.

Temporary traffic diversions will be in place, with clear signage directing vehicles around the construction zone. Cars, motorcycles, and personal mobility vehicles such as scooters travelling along Ramón Gallud Street will be redirected either toward the promenade via Azorín Street or left onto Joaquín Chapaprieta Street to continue their route.

Heavy vehicles, including trucks, buses, and other large goods vehicles, will be prohibited from entering this section of Ramón Gallud Street. Drivers of these vehicles are advised to use Orihuela Street as an alternative route.

In addition to traffic changes, the bus stop located near the Hotel Fontana will be temporarily suspended while the works are underway. Passengers are encouraged to plan their journeys accordingly and use alternative stops or transport options.

The Local Police have urged residents and visitors to follow the temporary signage carefully, exercise caution while driving near the construction area, and plan routes in advance to avoid delays or accidents. The authorities stress that cooperation from the public is essential to ensure safety and the smooth progress of the drainage project.

These works form part of ongoing efforts to improve the city's rainwater drainage infrastructure and reduce flooding risks in central areas. Officials expect the project to enhance road safety and drainage efficiency once completed, benefiting both motorists and pedestrians in the long term.

Motorists and residents are advised to stay informed of updates and respect all temporary traffic measures during the works to minimize disruption.



Torrevieja blooming with colour after spring planting

Torrevieja is looking a little more colourful than usual this spring after the city's Parks and Gardens department carried out a seasonal planting campaign across a number of green spaces and public areas in the run-up to Holy Week.

Teams have been busy over the past few weeks setting seasonal flowers at various points around the city, including Calle Caballero de Rodas, Plaza de la Constitución, Avenida Cortes Valencianas, the Rocío del Mar roundabout, Plaza Miguel Hernández and several other green spaces across the municipality.

The work forms part of the council's ongoing programme of maintenance and im-

provement of Torrevieja's green areas, with the timing chosen to make the most of the extra visitors the area attracts during Easter and the run up to the summer season.

The council has taken the opportunity to remind residents and visitors to respect the new planting, asking people to avoid walking on the flower beds or interfering with them in any way. The plants need time to complete their natural growth cycle over the coming weeks before reaching their full bloom, and a little care from passers-by will go a long way towards making sure they get there.



Gender dispute over Spanish Easter traditions

A dispute over gender roles in a Spanish Holy Week procession has drawn national attention after the Purísima Sang de Nostre Senyor Jesucrist brotherhood in Sagunto voted to exclude women from participating, citing "respect for tradition." The decision sparked protests from local authorities and public demonstrations, highlighting tensions over gender equality in one of Spain's most iconic religious traditions.

Holy Week, or Semana Santa, is a deeply rooted cultural and religious celebration in Spain, with processions that vary from hours-long spectacles in major cities like Seville to intimate village ceremonies. Across the country, brotherhoods—often centuries old—organize the carrying of elaborate floats bearing statues depicting scenes from the Gospels, particularly episodes from the Passion of Christ. These floats, sometimes adorned with flowers and intricate carvings, are carried for hours on the shoulders or necks of "costaleros" and "portadoras," the men and women who shoulder the physical burden of the procession.

While the Sagunto controversy represents a rare exclusion, women's participation in Holy Week processions has been steadily increasing across Spain. In Andalusia, for example, women play prominent roles both as float

carriers and in leadership positions within brotherhoods. In the hilltop village of Baena, women wearing traditional purple hoods carried a flower-decked float featuring a statue of Jesus in prayer. Their presence exemplifies the devotion and pride women bring to these centuries-old rituals.

In Montoro, Córdoba, local brotherhoods emphasize gender equality in procession roles. Female "portadoras" carry floats with the same dedication as men, often representing both Jesus and the Virgin Mary. Residents describe participation as a family affair, with entire households joining in the rituals. Many participants cite faith and devotion as the primary motivation rather than public attention, with the act of carrying the floats seen as a service to the sacred images themselves.

Even in the context of tragedy, such as the January train accident that killed nearly four dozen people, Holy Week serves as a time for communal mourning and prayer. Women participants in Montoro devoted their prayers to the victims while performing physically demanding roles, demonstrating that devotion transcends gender.

Academics note that while the brotherhoods were historically male-dominated, women's roles have expanded

steadily over decades. University of Huelva scholar Juan Carlos González Faraco points out that even in traditionally male-dominated positions, women now participate in key processional and leadership roles, reflecting a broader cultural shift.

In Montoro, participants say the distinction between male and female contributors matters little in practice. Physical strength may vary, but the shared sense of faith, devotion, and responsibility is equal. As the floats wind through narrow village alleys, the presence of women underscores the evolving tradition of Spanish Holy Week—one that preserves centuries of ritual while increasingly embracing inclusivity.

The Sagunto controversy has sparked debate, but in villages like Baena and Montoro, women continue to take pride in their roles, demonstrating that devotion and community engagement remain at the heart of Spain's Easter celebrations.

Deportation of Scottish crime boss to Spain delayed

Indonesian authorities have postponed for a second consecutive day the extradition of alleged Scottish crime boss Steven Lyons to Spain, as police continue investigations into suspected associates believed to remain on the resort island of Bali.

Lyons, 45, described by law enforcement as a senior figure in an international crime syndicate, had been scheduled to be flown to Spain via Doha following his arrest. However, he was returned from the airport to police custody on Bali, according to Husnan Handano,

spokesperson for Bali's immigration office. Handano declined to provide specific reasons for the delay, citing the "sensitivity" of the ongoing investigation. Local media have linked the postponement to active police inquiries targeting Lyons' suspected network.

The alleged crime boss was initially detained upon arrival from Singapore after Indonesia's immigration authorities flagged him through an Interpol Red Notice issued at Spain's request. Red Notices are international alerts issued to locate and provisionally arrest individu-

als wanted for extradition.

Authorities noted that this was Lyons' second trip to Bali, raising suspicions that he was monitoring Indonesia's drug trafficking operations. Lyons is alleged to be the leader of the Lyons crime family, a criminal organization based in Scotland, and has been wanted by both Spanish and British authorities. Spain has sought his extradition for approximately two years in connection with a 2024 killing.

LEAK TECH

POOL & WATER LEAK DETECTION & REPAIR SPECIALISTS
 Tel: 627 752 965 / 966 194 179 www.leak-tech.net

**ARE YOUR POOL & WATER BILLS DRAINING YOU?
 CALL THE LEADING WATER LEAK
 DETECTION COMPANY!**



💧 **A mains water leak accurately detected and repaired**

💧 **A swimming pool leak accurately detected and repaired**



BENEFITS OF USING LEAK TECH



- 💧 Non destructive leak detection
- 💧 We have the highest success rate in leak detection
- 💧 With many years of experience in the industry we've gained a unique perspective and developed a comprehensive skillset that sets us apart.
- 💧 Recognized by the majority of insurance companies
- 💧 We use the latest equipment, tools, quality repair products and materials

CONTACT US TODAY!

**Tel: 966 194 179
 Mob: 627 752 965
www.leak-tech.net
info@leak-tech.net**



ARE YOU TIRED OF RE-GROUTING, LOOSE TILES, CRACKS, AND LEAKS IN YOUR SWIMMING POOL? LEAK TECH ARE CERTIFIED AND REGISTERED PVC LINER INSTALLERS

- LARGE VARIETY OF DESIGNS
- QUICK RENOVATION
- HYGIENIC (DELAYS ALGAE AND BACTERIA)
- 15 YEAR WATERTIGHT GUARANTEE

